

NSIC OUTDOOR TEAM CHAMPIONS

1933 - Mankato State	1966 - Mankato State	1997 - Minnesota Duluth
1934 - Winona State	1967 - St. Cloud State	1998 - Minnesota Duluth
1935 - Winona State	1968 - St. Cloud State	1999 - Minnesota Duluth
1936 - Mankato State	1969 - Mankato State	2000 - Minnesota Duluth
1937 - Moorhead State	1970 - St. Cloud State	2001 - MSU Moorhead
1938 - St. Cloud State	1971 - St. Cloud State	2002 - Minnesota Duluth
1939 - St. Cloud State	1972 - MSU Moorhead	2003 - Minnesota Duluth
1940 - Mankato State	1973 - MSU Moorhead	2004 - Minnesota Duluth
1941 - Mankato State	1974 - MSU Moorhead	2005 - Bemidji State
1942 - Bemidji State	1975 - MSU Moorhead	2006 - Wayne State
1943-45 - No Results	1976 - MSU Moorhead	2007 - Wayne State
1946 - Mankato State	1977 - MSU Moorhead	2008 - Wayne State
1947 - Moorhead State	1978 - MSU Moorhead	2009 - Minnesota State
1948 - Mankato State	1979 - Mankato State	2010 - Minnesota State
1949 - Mankato State	1980 - Mankato State	2011 - MSU Moorhead
1950 - Mankato State	1981 - Mankato State	2012 - Minnesota State
1951 - Mankato State	1982 - MSU Moorhead	2013 - Minnesota State
1952 - Mankato State	1983 - MSU Moorhead	2014 - Minnesota State
1953 - Mankato State	1984 - MSU Moorhead	2015 - Minnesota State
1954 - Mankato State	1985 - MSU Moorhead	2016 - Minnesota State
1955 - Mankato State	1986 - MSU Moorhead	2017 - Minnesota State
1956 - Mankato State	1987 - MSU Moorhead	2018 - Minnesota State
1957 - Mankato State	1988 - MSU Moorhead	2019 - Minnesota State
1958 - Mankato State	1989 - MSU Moorhead	2020 - Not Awarded
1959 - Mankato State	1990 - MSU Moorhead	2021 - Minnesota State
1960 - Mankato State	1991 - MSU Moorhead	2022 - Minnesota State
1961 - Mankato State	1992 - MSU Moorhead	2023 - Minnesota State
1962 - Mankato State	1993 - Minnesota Duluth	2024 - Minnesota State
1963 - Mankato State	1994 - Minnesota Duluth	2025 - Minnesota State
1964 - Mankato State	1995 - Minnesota Duluth	2026 - Minnesota State
1965 - Mankato State	1996 - Minnesota Duluth	

NSIC OUTDOOR TEAM TITLES WON OR SHARED (SINCE 1993)

School	No.	Last Title
Minnesota State	16	2026
Minnesota Duluth	11	2004
MSU Moorhead	2	2011
Wayne State	3	2008
Bemidji State	1	2005

OUTDOOR TEAM TITLES WON OR SHARED (SINCE 1932)

School	No.	Last Title
Minnesota State	44	2026
MSU Moorhead	22	2011
Minnesota Duluth	11	2004
St. Cloud State	6	1971
Wayne State	3	2008
Bemidji State	2	2005
Winona State	2	1935

NSIC ELITE 18 AWARD

2017	Evan Hagen, Sioux Falls
2018	Kendall Hill, Minnesota Duluth
2019	Brock Hegarty, Wayne State
2020	Cole Istin, Concordia-St. Paul
2021	Kendall Hill, Minnesota Duluth
2022	David Ecker, Sioux Falls
2023	Ted Rogers, Minnesota Duluth
2024	Gabriel Peitz, Wayne State
2025	Paul Lins, Minnesota State
2026	Patrick Vogel, Augustana

As part of the NSIC's 25th Anniversary celebration, the conference unveiled the Elite 18 Award during the 2016-17 academic year. The NSIC Elite 18 Award recognizes outstanding student-athletes in the conference. These student-athletes have achieved at the championship level in the classroom and in their sport. The NSIC Elite 18 Award is presented to the student-athlete with the highest cumulative grade point average in each sponsored sport championship.

NSIC MEN'S OUTDOOR RECORDS

100 Meter Dash	Emmanuel Matadi, Minnesota State	10.19	2015
200 Meter Dash	Jerrell Hancock, Minnesota State	20.49	2013
400 Meter Dash	Emmanuel Badejo, Wayne State	46.58	2025
800 Meter Run	Kaleb Foltz, Minnesota State	1:49.93	2025
1,500 Meter Run	Jared Gergoire, MSU Moorhead	3:43.63	2023
5,000 Meter Run	Nadir Yusuf, MSU Moorhead	14:19.51	2021
10,000 Meter Run	Derek Myers, U-Mary	30:20.75	2018
3,000 M Steeplechase	Austin Paasch, Minnesota State	8:57.74	2019
110 M High Hurdles	Andrew Martens, Augustana	13.65	2024
400 M Int. Hurdles	Anthony Collins, Minnesota State	50.75	2024
4x100 Meter Relay	Minnesota State	39.98	2024
	Armando Colome, Jabez Reeves, Richlu Tudee, Shemar Miller		
M 4x400 M Relay	University of Mary	3:11.51	2025
	Osvaldo Cano, Osiel Cano, Xavier Ifill, Raheem Taitt-Best		
4x800 Meter Relay	University of Mary	7:46.86	2008
	Chris Ogle, Mark McLaughlin, Russ Neff, Tony Wood		
Shot Put	Chris Reed, Minnesota State	62-3.25	18.98m 2013
Discus	Marcus Gustaveson, Concordia-St. Paul	184-07	56.26m 2021
Javelin (Pre 87)	Mark Waldera, MSU Moorhead	231-11	70.69m 1982
Javelin (Post 87)	Jim Anderson, MSU Moorhead	216-1	65.86m 1992
Hammer	Chris Reed, Minnesota State	215-11	65.81m 2014
Long Jump	James Gilbert, Minnesota State	26-01	7.95m 2024
Triple Jump	Shemar Miller, Minnesota State	52-6.75	16.02m 2024
High Jump	Jasiah Hambria, Minot State	7-00.25	2.14m 2024
Pole Vault	Carson Dittel, Minnesota State	17-7.25	5.37m 2023
Decathlon	Tyl Woelber, Augustana	7,302	2021

*Converted to FAT by adding 0.24 seconds.

Marks occurred during prelims and finals (including decathlon) of NSIC Championship

NSIC CHAMPIONSHIP HIGH POINT SCORER

2005	Jame McNear, Concordia-St. Paul
2006	JJ Washington, Wayne State
2007	Zac Preble, Bemidji State
2008	Jake Hamik, Northern State
2009	Zac Preble, Bemidji State
2010	Zac Preble, Bemidji State
2011	Derek Bredy, MSU Moorhead
2012	Derek Bredy & Laquone Robinson, MSU Moorhead
2013	Derek Bredy, MSU Moorhead
2014	Chris Reed, Minnesota State
2015	Bobby Brockmueller, Sioux Falls
2016	Ryan Johnson, St. Cloud State
2017	Teddy Frid, Sioux Falls
2018	Luxon Glor, U-Mary
2019	Luxon Glor, U-Mary
2020	Not Awarded
2021	Shaheed Hickman & Kornelius Klah, Minnesota State
2022	Tyl Woelber, Augustana
2023	Tyler Hiatt, Sioux Falls
2024	Shemar Miller, Minnesota State
2025	Richlu Tudee, Minnesota State & Tyler Hiatt, Sioux Falls
2026	Rinaldo Moore / Hayden Bills, Minnesota State & Bryant Keller Augustana

NSIC OUTSTANDING SENIOR OF THE YEAR

2022	Kyle Johnson, Minnesota State
2023	Ben Schmied, Minnesota State
2024	Carter Aguilera, Minnesota State
2025	Jorgen Paulson, University of Mary
2026	Sam Tremelling, Northern State

The "NSIC Outstanding Senior of the Year Award" is presented to a NSIC student-athlete who participates at their institution for four years and is academically superior while making a positive contribution to their team and the University. The NSIC Outstanding Senior of the Year award was initiated in 2021-22 to honor an outstanding senior that exemplifies the attributes of the model NSIC student-athlete.



NSIC ATHLETES OF THE YEAR

1990 - Sarge Grimes, Northern State
 1991 - Wayne Hawkins, Southwest State
 Brad Swanson, Moorhead State
 1992 - Greg Zahalka, Moorhead State
 Kerrick Johnson, Minnesota Duluth
 1993 - John Bryant, Minnesota Duluth
 1994 - Mark Freitag, Minnesota-Morris
 1995 - Josh Trandall, Northern State
 1996 - Eric Storhoff, Minnesota Duluth
 1997 - Kyle Johnson, Northern State
 1998 - Erik Hanson, Minnesota Duluth
 1999 - John Pietila, Bemidji State
 2000 - Erik Hanson, Minnesota Duluth
 2001 - Dan Frette, Bemidji State
 2002 - Brett Carroll, Minnesota Duluth
 2003 - Chris Nulle, MSU Moorhead
 2004 - Micah Arnold, Northern State
 Dan Soldner, Minnesota Duluth
 2005 - Matt Scott, Northern State (track)
 Dane Moreland, MSU Moorhead (track)
 Steve Schreiber, Bemidji State (field)
 2006 - Ben Jansen, Wayne State (track)
 Jake Hamik, Northern State (track)
 JJ Washington, Wayne State (field)
 2007 - Jake Hamik, Northern State (track)
 Joe Remitz, Bemidji State (field)
 2008 - Jake Hamik, Northern State (track)
 Joe Remitz, Bemidji State (field)
 2009 - Denise Mokaya, Minnesota State (track)
 Zac Preble, Bemidji State (field)
 2010 - Nick Trisko, St. Cloud State (track)
 Adam Kershaw, St. Cloud State (field)
 2011 - John Kern, Wayne State (track)
 Laquone Robinson, MSU Moorhead (field)
 2012 - Tom Karbo, Augustana (track)
 Ross Buncheck, Wayne State (field)
 2013 - Jerrell Hancock, Minnesota State (track)
 Tandy Juell, Minnesota State (field)
 2014 - Jerrell Hancock, Minnesota State (track)
 Chris Reed, Minnesota State (field)
 2015 - Emmanuel Matadi Minnesota State (track)
 Keyvan Rudd, Minnesota State (field)
 2016 - Myles Hunter, Minnesota State (track)
 Ryan Johnson, St. Cloud State (field)
 2017 - Cody Christ, MSU Moorhead (track)
 Teddy Frid, Sioux Falls (field)
 2018 - Josh Young, MSU Moorhead (track)
 Brian Huber, MSU Moorhead (field)
 2019 - Luxon Glor, Univeristy of Mary (track)
 Tyl Woelber, Augustana (field)
 2020 - Not Awarded
 2021 - Nadir Yusuf, MSU Moorhead (track)
 Tyl Woelber, Augustana (field)
 2022 - Ty Dawkins, MSU Moorhead (track)
 Tyl Woelber, Augustana (field)
 2023 - Jared Gregoire, MSU Moorhead (track)
 Tyler Hiatt, Sioux Falls (field)
 2024 - Jabez Reeves, Minnesota State (track)
 Shemar Miller, Minnesota State (field)
 2025 - Ryan Hartman, Augustana (track)
 Tyler Hiatt, Sioux Falls (field)
 2026 - Bryant Keller, Augustana (track)
 Hayden Bills, Minnesota State (field)

NSIC NEWCOMER OF THE YEAR

2005 - Jonathan Hawks, Bemidji State	2016 - Paul Selman, MSU
2006 - Ben Jansen, Wayne State	2017 - Zach Lundberg, USF
2007 - Zac Preble, Bemidji State	2018 - Sydne Davis, MSU
2008 - Nate Preston, Wayne State	2019 - Tyl Woelber, Augie
2009 - Cody Hunt, Northern State	2020 - Not Awarded
2010 - Tom Karbo, Augustana	2021 - Kornelius Klah, MSU
2011 - Christopher Reed, MSU	2022 - Luke Schroeder, NSU
2012 - Dan Nielsen, UMD	2023 - Jared Gregoire, MSUM
2013 - Scott Greenman, USF	2024 - Richlu Tudee, MSU
2014 - Myles Hunter, MSU	2025 - Emmanuel Badejo, WSC
2015 - Cody Schmidt, MISU	2026 - Hayden Bills, Minnesota State

NSIC COACH OF THE YEAR

1990 - Bob Kiester, Winona State
 1991 - Gordy Scoles, MSU Moorhead
 1992 - Tom Skaar, MSU Moorhead
 1993 - Beth Howe, Winona State
 1994 - Bill Hudspith, Minnesota Duluth
 1995 - Bill Hudspith, Minnesota Duluth
 1996 - Bill Hudspith, Minnesota Duluth
 1997 - Jim Fuller, Northern State
 1998 - Bill Hudspith, Minnesota Duluth
 1999 - Craig Hougen, Bemidji State
 2000 - Bill Hudspith, Minnesota Duluth
 2001 - James Williams, MSU Moorhead
 2002 - Bill Hudspith, Minnesota Duluth
 2003 - Bill Hudspith, Minnesota Duluth
 2004 - Mark McConeghey, Concordia-St. Paul
 2005 - Craig Hougen, Bemidji State
 2006 - Marlon Brink, Wayne State
 2007 - Marlon Brink, Wayne State
 2008 - Marlon Brink, Wayne State
 2009 - Mark Schuck, Minnesota State
 2010 - Mark Schuck, Minnesota State
 2011 - Seth Mischke, St. Cloud State
 2012 - Mark Schuck, Minnesota State
 2013 - Mark Schuck, Minnesota State
 2014 - Jim Dilling, Minnesota State
 2015 - Jim Dilling, Minnesota State
 2016 - Tracy Hellman, Augustana
 2017 - Jim Dilling, Minnesota State
 2018 - Mike Turgeon, Minnesota State
 2019 - Mike Turgeon, Minnesota State
 2020 - Not Awarded
 2021 - Mike Turgeon, Minnesota State
 2022 - Mike Turgeon, Minnesota State
 2023 - Mike Turgeon, Minnesota State
 2024 - Mike Turgeon, Minnesota State
 2025 - Mike Turgeon, Minnesota State
 2026 - Mike Turgeon, Minnesota State

NSIC ASSISTANT COACH OF THE YEAR

2019 - Chris Parno, Minnesota State
 2020 - Not Awarded
 2021 - Chris Parno, Minnesota State
 2022 - Trevor Barry, MSU Moorhead
 2023 - Travis Kamm, Wayne State
 2024 - Brian Sebera, Minnesota State
 2025 - Travis Kamm, Wayne State
 2026 - Carly Fehringer, Wayne State

2026 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Minnesota Duluth - Malosky Stadium

Team Standings	Points		Points
1. Minnesota State	235	2. Northern State	101.5
3. U-Mary	101	4. Augustana	80
5. Wayne State	65.5	6. MSU Moorhead	59
7. Concordia-St. Paul	58	8. Minnesota Duluth	54
9. Jamestown	24	10. Sioux Falls	17
10. SMSU	17	12. Minot State	4

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
M 100 Meter Dash	Chris Weber, Northern State	10.48
M 110 Meter Hurdles	Rinaldo Moore, Minnesota State	13.58
M 200 Meter Dash	Kenjuan Hampton, Minnesota State	21.00
M 400 Meter Dash	Quinton Ellis, Minnesota State	46.83
M 400 M Hurdles	Rinaldo Moore, Minnesota State	52.78
M 800 Meter Run	Gideon Hammah, University of Mary	1:53.50
M 1500 Meter Run	Jared Gregoire, MSU Moorhead	3:55.19
3000 M Steeplechase	Bryant Keller, Augustana	9:10.49
M 5000 M Run	Bryant Keller, Augustana	14:45.20
M 10000 M Run	Caleb Hansen, University of Mary	31:02.63
M 4x100 M Relay	Minnesota Duluth	40.93
M 4x400 M Relay	Brock Unger, Billy Auvin, Brayden Brakke, Brady Johnson, Northern State	3:16.79
	Drew Salfrank, Carter Dingman, Geoffrey Mannino, Drew Henriksen	
M Shot Put	Hayden Bills, Minnesota State	62-02.50
M Javelin	Levi Reis, Northern State	200-00
M Hammer Throw	Jaxson Ninete, Wayne State	191-08
M Discus	Hayden Bills, Minnesota State	177-10
M Triple Jump	Sheldon McNicholas, Minnesota State	48-07.25
M Long Jump	Jalen McGee, Minnesota State	25-01.75
M Pole Vault	Sam Tremelling, Northern State	16-01.75
M High Jump	Hugo Albanese, Minnesota State	6-09.75
M Decathlon	Braxton Stewart, Minnesota State	6859

NSIC Men's Athlete of the Year: Bryant Keller, Augustana (track)
Hayden Bills, Minnesota State (field)

NSIC Men's Newcomer of the Year: Hayden Bills, Minnesota State
NSIC Men's Freshman of the Year: Hugo Albanese Minnesota State
NSIC Men's Outdoor Coach of the Year: Mike Turgeon, Minnesota State
NSIC Men's Outdoor Assistant Coach of the Year: Carly Fehringer, Wayne State

NSIC MEN'S FIRST TEAM ALL-AMERICANS (11)

400m Hurdles	Rinaldo Moore	SR	Minnesota State	1st
110m Hurdles	Rinaldo Moore	SR	Minnesota State	1st
110m Hurdles	Kenjuan Hampton	SO	Minnesota State	2nd
Long Jump	Jalen McGee	SR	Minnesota State	3rd
4x400 Relay	Marenono Opiew	SO	Minnesota State	4th
4x400 Relay	Kenjuan Hampton	SO	Minnesota State	4th
4x400 Relay	Rinaldo Moore	SR	Minnesota State	4th
4x400 Relay	Qai Hussey	SO	Minnesota State	4th
Discus	Hayden Bills	SO	Minnesota State	6th
High Jump	Lucas Kupfer	SO	University of Mary	6th
Discus	Dylan Gross	SO	Minnesota State	7th

NSIC MEN'S SECOND TEAM ALL-AMERICANS (14)

Discus	Sean Erickson	JR	University of Mary	9th
Decathlon	Kenny Moxey Jr.	SO	University of Mary	9th
4x100 Relay	Robert McGhee	FR	Minnesota State	9th
4x100 Relay	Kenjuan Hampton	SO	Minnesota State	9th
4x100 Relay	Jalen McGee	SR	Minnesota State	9th
4x100 Relay	Qai Hussey	SO	Minnesota State	9th
High Jump	Hugo Albanese	FR	Minnesota State	11th
400m Hurdles	Marenono Opiew	JR	Minnesota State	12th
Discus	J'Dyn Bullion	JR	Wayne State	13th
Shot Put	Hayden Bills	SO	Minnesota State	13th
Long Jump	Jayden Munroe	SO	Northern State	14th
High Jump	Cain Brown	JR	Wayne State	15th
200m	Kenjuan Hampton	SO	Minnesota State	16th
Long Jump	Cameron Mata	SO	Concordia-St. Paul	16th



2025 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Minnesota Duluth - Malosky Stadium

Team Standings	Points		Points
1. Minnesota State	194.5	2. U-Mary	112
3. Northern State	94.5	4. Wayne State	81
5. Augustana	80	6. MSU Moorhead	72
7. Sioux Falls	64	8. Minnesota Duluth	48
9. Concordia-St. Paul	42	10. Minot State	17
11. SMSU	13		

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
M 100 Meter Dash	Richlu Tudee, Minnesota State	10.28
M 110 Meter Hurdles	Andrew Martens, Augustana	13.76
M 200 Meter Dash	Richlu Tudee, Minnesota State	20.78
M 400 Meter Dash	Emmanuel Badejo, Wayne State	46.58*
M 400 M Hurdles	Manjot Singh, MSU Moorhead	53.78
M 800 Meter Run	Kaleb Foltz, Minnesota State	1:49.93*
M 1500 Meter Run	Ryan Hartman, Augustana	3:49.24
3000 M Steeplechase	Ray Ure, Minnesota State	9:10.49
M 5000 M Run	Ryan Hartman, Augustana	14:40.75
M 10000 M Run	Micade Shumway, Sioux Falls	31:16.84
M 4x100 M Relay	Wayne State	40.70
M 4x400 M Relay	University of Mary	3:11.51*
M Shot Put	Tyler Hyatt, Sioux Falls	61-00
M Javelin	Carson Barnett, Northern State	203-04
M Hammer Throw	Liam Byrne, Minnesota State	190-06
M Discus	Dylan Gross, Minnesota State	177-00
M Triple Jump	Sheldon McNicholas, Minnesota State	48-09
M Long Jump	Jayden Munroe, Northern State	24-04.5
M Pole Vault	Sam Tremelling, Northern State	15-03.50
M High Jump	Jaiden Peraza, MSU Moorhead	6-09.75
M Decathlon	Braxton Stewart, Minnesota State	6132

Luke Klabenes, Mitchell Hupp, Wyatt Nissen, Emmanuel Badejo

M 4x400 M Relay

Osvaldo Cano, Osiel Cano, Xavier Ifill, Raheem Taitt-Best

M Shot Put	Tyler Hyatt, Sioux Falls	61-00
M Javelin	Carson Barnett, Northern State	203-04
M Hammer Throw	Liam Byrne, Minnesota State	190-06
M Discus	Dylan Gross, Minnesota State	177-00
M Triple Jump	Sheldon McNicholas, Minnesota State	48-09
M Long Jump	Jayden Munroe, Northern State	24-04.5
M Pole Vault	Sam Tremelling, Northern State	15-03.50
M High Jump	Jaiden Peraza, MSU Moorhead	6-09.75
M Decathlon	Braxton Stewart, Minnesota State	6132

 NSIC Men's Athlete of the Year: Ryan Hartman, Augustana (track)
 Tyler Hiatt, Sioux Falls (field)

NSIC Men's Newcomer of the Year: Emmanuel Badejo, Wayne State

NSIC Men's Outdoor Coach of the Year: Mike Turgeon, Minnesota State

NSIC Men's Outdoor Assistant Coach of the Year: Travis Kamm, Wayne State

NSIC MEN'S FIRST TEAM ALL-AMERICANS (15)

5000 Meters	Ryan Hartman	SR	Augustana	3rd
4x100 Relay	Jorgen Paulson	SR	U-Mary	6th
4x100 Relay	Raheem Taitt-Best	JR	U-Mary	6th
4x100 Relay	Michael Cartwright	SO	U-Mary	6th
4x100 Relay	Xavier Ifill	FR	U-Mary	6th
4x100 Relay	D'Eric Smith	SR	Minnesota State	2nd
4x100 Relay	Kemari Stewart	JR	Minnesota State	2nd
4x100 Relay	Richlu Tudee	SO	Minnesota State	2nd
4x100 Relay	Samuel Eben Ebai	SR	Minnesota State	2nd
Long Jump	Jalen McGee	JR	Minnesota State	6th
High Jump	Jasiah Hambira	SO	MSU Moorhead	8th
Long Jump	Jayden Munroe	FR	Northern State	4th
Pole Vault	Sam Tremelling	JR	Northern State	8th
Shot Put	Tyler Hiatt	SR	Sioux Falls	8th
400 Meters	Emmanuel Badejo	FR	Wayne State (Neb.)	6th

NSIC MEN'S SECOND TEAM ALL-AMERICANS (3)

110 Meter Hurdles	Andrew Martens	SR	Augustana	9th
Long Jump	Anthony Ward	JR	Minnesota State	9th
High Jump	Jaiden Peraza	JR	MSU Moorhead	9th

2024 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Minnesota State - Mark Schuck Outdoor Track & Field Complex

Team Standings	Points		Points
1. Minnesota State	271.5	2. Augustana	78
3. Northern State	73	4. MSU Moorhead	72
5. Sioux Falls	66.5	6. Concordia-St. Paul	63
7. U-Mary	51	8. Wayne State	47
9. Minnesota Duluth	46	10. Minot State	31
11. SMSU	20		

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
M 100 Meter Dash	Jabez Reeves, Minnesota State	10.27
M 110 Meter Hurdles	Andrew Martens, Augustana	13.74^
M 200 Meter Dash	Jabez Reeves, Minnesota State	20.33
M 400 Meter Dash	Raheem Taitt-Best, University of Mary	46.65*
M 400 M Hurdles	Anthony Collins, Minnesota State	50.75*
M 800 Meter Run	Braxton Bruer, MSU Moorhead	1:52.77
M 1500 Meter Run	Ryan Hartman, Augustana	3:45.86
3000 M Steeplechase	Adnew Stueven, Augustana	9:20.93
M 5000 M Run	Ryan Hartman, Augustana	14:41.59
M 10000 M Run	Owen Erickson, Concordia-St. Paul	31:32.80
M 4x100 M Relay	Minnesota State	39.98*
M 4x400 M Relay	Minnesota State	3:12.05
M Shot Put	Tyler Hyatt, Sioux Falls	57-07
M Javelin	Carson Barnett, Northern State	205-10
M Hammer Throw	Eli Bicek, Minnesota Duluth	198-06
M Discus	Carter Aguilera, Minnesota State	182-00
M Triple Jump	Shemar Miller, Minnesota State	52-06.75*
M Long Jump	James Gilbert, Minnesota State	26-01*
M Pole Vault	Jed Hansen, Minnesota State	15-00
M High Jump	Jasiah Hambria, Minot State	7-00.25*
M Decathlon	Calder Erick, Concordia-St. Paul	6613

Armando Colome, Jabez Reeves, Richlu Tudee, Shemar Miller

M 4x400 M Relay

Anthony Collins, Marvin Dure, Junior Pontes Da Veiga, Qai Hussey

M Shot Put	Tyler Hyatt, Sioux Falls	57-07
M Javelin	Carson Barnett, Northern State	205-10
M Hammer Throw	Eli Bicek, Minnesota Duluth	198-06
M Discus	Carter Aguilera, Minnesota State	182-00
M Triple Jump	Shemar Miller, Minnesota State	52-06.75*
M Long Jump	James Gilbert, Minnesota State	26-01*
M Pole Vault	Jed Hansen, Minnesota State	15-00
M High Jump	Jasiah Hambria, Minot State	7-00.25*
M Decathlon	Calder Erick, Concordia-St. Paul	6613

 NSIC Men's Athlete of the Year: Jabez Reeves, Minnesota State (track)
 Shemar Miller, Minnesota State (field)

NSIC Men's Newcomer of the Year: Richlu Tudee, Minnesota State

NSIC Men's Outdoor Coach of the Year: Mike Turgeon, Minnesota State

NSIC Men's Outdoor Assistant Coach of the Year: Brian Sebera, Minnesota State

^Ran 13.65 in prelims for NSIC Record

NSIC MEN'S FIRST TEAM ALL-AMERICANS (13)

5000 Meters	Ryan Hartman	SR	Augustana	8th
110 Meter Hurdles	Andrew Martens	JR	Augustana	4th
4x100 Relay	Nicholas Sharma	SR	Minnesota State	6th
4x100 Relay	Jabez Reeves	JR	Minnesota State	6th
4x100 Relay	Richlu Tudee	FR	Minnesota State	6th
4x100 Relay	Shemar Miller	SR	Minnesota State	6th
Long Jump	James Gilbert	SR	Minnesota State	5th
Triple Jump	Shemar Miller	SR	Minnesota State	2nd
100 Meters	Jabez Reeves	JR	Minnesota State	8th
200 Meters	Jabez Reeves	JR	Minnesota State	8th
Triple Jump	Onyekachi Ukaobasi	SR	Minnesota State	8th
400 Meters	Raheem Taitt-Best	SO	U-Mary	6th
Long Jump	Hayden Von Wald	SR	U-Mary	6th

NSIC MEN'S SECOND TEAM ALL-AMERICANS (6)

Discus	Carter Aguilera	SR	Minnesota State	10th
Shot Put	Steven Orzolek	SR	Minnesota State	12th
Triple Jump	Jordan Spencer	JR	Minnesota State	12th
800 Meters	Braxton Bruer	SR	MSU Moorhead	9th
400 Meters	Ibrahim Oduong	SR	MSU Moorhead	11th
Shot Put	Tyler Hiatt	JR	Sioux Falls	11th

2023 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Concordia-St. Paul - Sea Foam Stadium

Team Standings	Points		Points
1. Minnesota State	207	2. MSU Moorhead	91
3. Augustana	88	4. U-Mary	83
5. Minnesota Duluth	71.5	6. Sioux Falls	67
7. Wayne State	65	8. Northern State	52
9. Minot State	41	10. Concordia-St. Paul	31
11. SMSU	15.5	12. Upper Iowa	5

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
M 100 Meter Dash	Ezekiel Clark, Minnesota State	10.41
M 110 Meter Hurdles	Renald Pierre, Minnesota State	14.29
M 200 Meter Dash	Raheem Taitt-Best, University of Mary	21.05
M 400 Meter Dash	Raheem Taitt-Best, University of Mary	46.94*
M 400 M Hurdles	Nathan Trujillo- Aragon, Minot State	54.23
M 800 Meter Run	Jared Gregoire, MSU Moorhead	1:50.11*
M 1500 Meter Run	Jared Gregoire, MSU Moorhead	3:43.63*
3000 M Steeplechase	David Ecker, Sioux Falls	9:10.42
M 5000 M Run	Ryan Hartman, Augustana	14:29.92
M 10000 M Run	Matt Steiger, Augustana	30:55.75
M 4x100 M Relay	University of Mary	41.13
M 4x400 M Relay	Brendon Hoyte, Jorgen Paulson, Akil Howell, Nathan Bender Minnesota State	3:13.09
	Junior Pontes Da Veiga, Qai Hussey, Kenry Atubel, Kyler Bade	
M Shot Put	Tyler Hyatt, Sioux Falls	56-08
M Javelin	Leif Nelson, Minot State	198-01
M Hammer Throw	Eben Mundfrom, Concordia-St. Paul	192-11
M Discus	Colton Kostynick, Minnesota Duluth	166-08
M Triple Jump	Onyekachi Ukaobasi, Minnesota State	49-01
M Long Jump	James Gilbert, Minnesota State	24-07.75
M Pole Vault	Carson Dittel, Minnesota State	17-07.25*
M High Jump	Dylan Kneifl, Wayne State	6-7.5
M Decathlon	Debonaire Williams, Wayne State	6308

NSIC Men's Athlete of the Year: Jared Gregoire, MSU Moorhead (track)
Tyler Hyatt, Sioux Falls (field)

NSIC Men's Newcomer of the Year: Jared Gregoire, MSU Moorhead
NSIC Men's Outdoor Coach of the Year: Mike Turgeon, Minnesota State
NSIC Men's Outdoor Assistant Coach of the Year: Travis Kamm, Wayne State

NSIC MEN'S FIRST TEAM ALL-AMERICANS (7)

110 Meter Hurdles	Andrew Martens	SO	Augustana (S.D.)	5th
Pole Vault	Carson Dittel	JR	Minnesota State	7th
Long Jump	James Gilbert	JR	Minnesota State	5th
800 Meters	Tanner Maier	JR	Minnesota State	8th
Triple Jump	Onyekachi Ukaobasi	JR	Minnesota State	5th
Javelin	Leif Nelson	JR	Minot State	5th
1500 Meters	Jared Gregoire	FR	MSU Moorhead	3rd

NSIC MEN'S SECOND TEAM ALL-AMERICANS (7)

4x100 Relay	Ezekiel Clark	SO	Minnesota State	10th
Long Jump	Slade Heald	SO	Minnesota State	9th
4x100 Relay	Steven Marks	SO	Minnesota State	10th
4x100 Relay	Prince Nti	JR	Minnesota State	10th
4x100 Relay	Nicholas Sharma	JR	Minnesota State	10th
800 Meters	Braxton Bruer	JR	MSU Moorhead	11th
High Jump	Dylan Kneifl	JR	Wayne State (Neb.)	11th

2022 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Northern State University - Clark Swisher Track Complex

Team Standings	Points		Points
1. Minnesota State	214	2. Augustana	136
3. MSU-Moorhead	132	4. Northern State	73
5. Wayne State	54.50	6. U-Mary	50
7. Minnesota Duluth	49.50	8. Sioux Falls	40
9. Concordia-St. Paul	30	10. Minot State	24
11. SMSU	9	12. Upper Iowa	7

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
M 100 Meter Dash	Shaheed Hickman, Minnesota State	10.58
M 110 Meter Hurdles	Lawrence Lokonobei, Augustana	14.32
M 200 Meter Dash	Ty Dawkins, MSU Moorhead	21.48
M 400 Meter Dash	Ty Dawkins, MSU Moorhead	48.24
M 400 M Hurdles	Luke Schroeder, Northern State	53.61
M 800 Meter Run	Tanner Maier, Minnesota State	1:52.23
M 1500 Meter Run	Evan Johnson, Augustana	3:51.20
3000 M Steeplechase	Ryan Hartman, Augustana	9:17.39
M 5000 M Run	Ryan Hartman, Augustana	14:40.06
M 10000 M Run	Nadir Yusuf, MSU Moorhead	31:26.47
M 4x100 M Relay	Minnesota State	41.25
M 4x400 M Relay	Ezekiel Clark, Prince Nti, Nicholas Sharma, Daniel Attoh MSU Moorhead	3:15.95
	Ty Dawkins, Travis Joseph, Elliott MacLennan, Ibrahim Oduong	
M Shot Put	Steven Orzolek, Minnesota State	58-06.5
M Javelin	Kevin Wu, Minnesota State	206-05
M Hammer Throw	Tanner Berg, Northern State	210-10
M Discus	Carter Aguilera, Minnesota State	182-10
M Triple Jump	Shyrone Kemp, MSU Moorhead	49-02.5
M Long Jump	Astley Davis, UMary	24-7.75
M Pole Vault	Carson Dittel, Minnesota State	16-10
M High Jump	Chris Cook, MSU Moorhead	6-11.5
M Decathlon	Noah Lilly, Wayne State	6006

NSIC Men's Athlete of the Year: Ty Dawkins, MSU Moorhead (track)
Tyl Woelber, Augustana (field)

NSIC Men's Newcomer of the Year: Luke Schroeder, Northern State
NSIC Men's Outdoor Coach of the Year: Mike Turgeon, Minnesota State
NSIC Men's Outdoor Assistant Coach of the Year: Trevor Barry, MSU Moorhead

NSIC MEN'S FIRST TEAM ALL-AMERICANS (5)

1500 Meters	Austin Miller	SR	Augustana	2nd
3000 Meter Steeple	Ryan Hartman	FR	Augustana	8th
Triple Jump	Shyrone Kemp	JR	MSU Moorhead	3rd
Hammer	Tanner Berg	SR	Northern State	1st
Decathlon	Jakob Tordsen	SR	Concordia-St Paul	4th

NSIC MEN'S SECOND TEAM ALL-AMERICANS (8)

800 Meters	Tanner Maier	SO	Minnesota State	10th
10000 Meters	Nadir Yusuf	SR	MSU Moorhead	10th
110 Meter Hurdles	Abel Christiansen	JR	Minnesota State	10th
High Jump	Dylan Kneifl	SO	Wayne State	12th
Pole Vault	Carson Dittel	SO	Minnesota State	11th
Discus	Carter Aguilera	SO	Minnesota State	11th
Javelin	Tyl Woelber	JR	Augustana	9th
Javelin	Leif Nelson	SO	Minot State	11th



2021 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by University of Minnesota Duluth - Malosky Stadium

Team Standings	Points		Points
1) Minnesota State	214.50	2) Augustana	115
3) Concordia-St. Paul	84	4) MSU Moorhead	71
5) Northern State	65	5) U-Mary	65
7) Wayne State	51.50	8) Minnesota Duluth	50
9) Minot State	31	10) SMSU	28
11) Upper Iowa	22	12) Sioux Falls	21

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
M 100 Meter Dash	Shaheed Hickman, Minnesota State	10.46
M 110 Meter Hurdles	Kornelius Klah, Minnesota State	14.05
M 200 Meter Dash	Shaheed Hickman, Minnesota State	21.22
M 400 Meter Dash	Isaac Huntington, U-Mary	48.24
M 400 M Hurdles	Kornelius Klah, Minnesota State	52.54
M 800 Meter Run	Benjamin Allen, Concordia-St. Paul	1:54.84
M 1500 Meter Run	Austin Miller, Augustana	3:50.31
3000 M Steeplechase	Ryan Hartman, Augustana	9:07.77
M 5000 M Run	Nadir Yusuf, MSU Moorhead	14:19.51*
M 10000 M Run	Nadir Yusuf, MSU Moorhead	29:53.73*
M 4x100 M Relay	Minnesota State	40.72
M 4x400 M Relay	Shaheed Hickman, Cornelius Bright, Nicholas Sharma, Bryant Brown Minnesota State	3:15.12
M Shot Put	Max DePreng, Josh Phelps, Carter Nesvold, Kornelius Klah Marcus Gustavson, Concordia-St. Paul	57-06.25
M Javelin	Tyl Woelber, Augustana	206-04
M Hammer Throw	Cade Kalkowski, Wayne State	206-10
M Discus	Marcus Gustavson, Concordia-St. Paul	184-07*
M Triple Jump	Shyrone Kemp, MSU Moorhead	49-03.75
M Long Jump	Christian Davis, Concordia-St. Paul	23-8.00
M Pole Vault	Carson Dittel, Minnesota State	16-2.50
M High Jump	Chris Cook, MSU Moorhead	6-9
M Decathlon	Tyl Woelber, Augustana	7302*

 NSIC Men's Athlete of the Year: Nadir Yusuf, MSU Moorhead (track)
Tyl Woelber, Augustana (field)

NSIC Men's Newcomer of the Year: Kornelius Klah, Minnesota State

NSIC Men's Outdoor Coach of the Year: Mike Turgeon, Minnesota State

NSIC Men's Outdoor Assistant Coach of the Year: Chris Parno, Minnesota State

NSIC MEN'S FIRST TEAM ALL-AMERICANS (9)

1500 Meters	Benjamin Allen	SR	Concordia-St. Paul	2nd
Discus	Marcus Gustavson	SR	Concordia-St. Paul	3rd
High Jump	Deveyonn Brown	JR	Minnesota State	5th
100 Meters	Shaheed Hickman	SO	Minnesota State	7th
110 Meter Hurdles	Kornelius Klah	SR	Minnesota State	6th
400 Meter Hurdles	Kornelius Klah	SR	Minnesota State	8th
High Jump	Chris Cook	SO	MSU Moorhead	t-7th
10,000 Meters	Nadir Yusuf	SR	MSU Moorhead	5th
Hammer	Tanner Berg	SR	Northern State	7th

NSIC MEN'S SECOND TEAM ALL-AMERICANS (3)

Decathlon	Tyl Woelber	SO	Augustana	10th
Hammer	Connor McCormick	SR	Minnesota State	11th
Hammer	Cade Kalkowski	JR	Wayne State	12th

2020 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Concordia University, St. Paul - Sea Foam Stadium - Cancelled

2019 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by University of Minnesota Duluth - Malosky Stadium

Team Standings	Points		Points
1. Minnesota State	219	2. U-Mary	118
3. Augustana	90	4. Sioux Falls	78
5. MSU Moorhead	67	6. Northern State	59
7. Minnesota Duluth	55	8. Wayne State	53
9. Concordia-St. Paul	5	10. SMSU	18
11. Minot State	9		

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
M 100 Meter Dash	Luxon Glor, U-Mary	10.35
M 110 Meter Hurdles	Myles Hunter, Minnesota State	13.80*
M 200 Meter Dash	Luxon Glor, U-Mary	21.15
M 400 Meter Dash	Josh Phelps, Minnesota State	48.04
M 400 M Hurdles	Sydne Davis, Minnesota State	52.03
M 800 Meter Run	Mason Phillips, Sioux Falls	1:52.84
M 1500 Meter Run	Benjamin Allen, Concordia-St. Paul	4:00.92
3000 M Steeplechase	Austin Pasch, Minnesota State	8:57.74*
M 5000 M Run	Nadir Yusuf, MSU Moorhead	14:44.20
M 10000 M Run	Derek Myers, U-Mary	30:34.80
M 4x100 M Relay	Minnesota State	41.02
M 4x400 M Relay	Vance Barnes, Cornelius Bright, Reid Diamond, Jack Curtis Minnesota State	3:16.40
M Shot Put	Drew Lewison, Marquan Wiesen, Jaquz Wilson, John Schuster Jayme LaPlante, Minnesota State	57-5
M Javelin	Tyl Woelber, Augustana	189-7.25
M Hammer Throw	Cade Kalkowski, Wayne State	192-2.25
M Discus	Jayme LaPlante, Minnesota State	171-3.75
M Triple Jump	Victor Ogeka, Minnesota State	49-5.25
M Long Jump	Luxon Glor, University of Mary	23-0.25
M Pole Vault	Tristan Zawadzki, Sioux Falls	16-7.25
M High Jump	Chris Cook, MSU Moorhead	6-8.75
M Decathlon	Robert Sullivan, Wayne State	6931

 NSIC Men's Athlete of the Year: Luxon Glor, University of Mary (track)
Tyl Woelber, Augustana (field)

NSIC Men's Newcomer of the Year: Tyl Woelber, Augustana

NSIC Men's Outdoor Coach of the Year: Mike Turgeon, Minnesota State

NSIC Men's Outdoor Assistant Coach of the Year: Chris Parno, Minnesota State

NSIC MEN'S FIRST TEAM ALL-AMERICANS (7)

Augustana			
Josh Barrows	SR	400 Meter Hurdles	7th
Jesus Urtusustegui	JR	Steeplechase	7th
Concordia-St. Paul			
Benjamin Allen	JR	1500 Meters	4th
U-Mary			
Shenley Allen	SO	High Jump	8th
Minnesota State			
Sydne Davis	SR	400 Meter Hurdles	2nd
Myles Hunter	SR	110 Meter Hurdles	1st
Victor Ogeka	SR	Triple Jump	5th

NSIC MEN'S SECOND TEAM ALL-AMERICANS (7)

Minnesota State			
Deveyon Brown	FR	High Jump	9th
Connor McCormick	JR	Hammer	12th
Austin Pasch	SR	Steeplechase	10th
U-Mary			
Luxon Glor	SR	100 Meters	9th
MSU Moorhead			
Chris Cook	FR	High Jump	t10th
Sioux Falls			
Zach Lundberg	JR	1500 Meters	12th
Mason Phillips	JR	1500 Meters	10th



Men's Outdoor Track & Field



2018 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Winona State University - Paul Giel Field

Team Standings	Points		Points
1. Minnesota State	191	2. U-Mary	102.50
3. Augustana	98	4. Wayne State	92
5. Sioux Falls	66.50	6. Northern State	66
7. Minnesota Duluth	65	8. MSU Moorhead	61.50
9. Concordia-St. Paul	58.50	10. SMSU	13
11. Minot State	5		

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
M 100 Meter Dash	Luxon Glor, U-Mary	10.59
M 110 Meter Hurdles	Josh Lamers, U-Mary	14.15
M 200 Meter Dash	Tanner Ogren, Minnesota State	21.35
M 400 Meter Dash	Josh Schuster, Minnesota State	47.09
M 400 M Hurdles	Sydne Davis, Minnesota State	51.91*
M 800 Meter Run	Josh Young, MSU Moorhead	1:52.65
M 1500 Meter Run	Josh Young, MSU Moorhead	3:50.81
3000 M Steeplechase	Nathan Schroeder, Augustana	9:11.04
M 5000 M Run	Steven Brown, Sioux Falls	14:36.96*
M 10000 M Run	Derek Myers, U-Mary	30:20.75*
M 4x100 M Relay	Minnesota State	41.03
M 4x400 M Relay	Vance Barnes, Reid Diamond, Tanner Ogren, Justin Taormina, Minnesota State	3:14.10
	Josh Phelps, Isaiah Pitchford, Tanner Ogren, John Schuster	
M Shot Put	Anthony Huber, Augustana	52-10.75
M Javelin	Monte Meyerink, Northern State	193-03
M Hammer Throw	Cade Kalkowski, Wayne State	190-10
M Discus	Jayne LaPlante, Minnesota State	160-03
M Triple Jump	Elijah Calderon-Pitchford, Minnesota State	51-3.75
M Long Jump	Brian Huber, MSU Moorhead	25-11.5*
M Pole Vault	Drew Dockendorf, Concordia-St. Paul	15-9.25
M High Jump	Monte Meyerink, Northern State	6-7.5
M Decathlon	Derek Lahm, Wayne State	6951

NSIC Men's Athlete of the Year: Yosh Young, MSU Moorhead (track)
Brian Huber, MSU Moorhead (field)

NSIC Men's Newcomer of the Year: Sydne Davis, Minnesota State
NSIC Men's Outdoor Coach of the Year: Mike Turgeon, Minnesota State

NSIC MEN'S FIRST TEAM ALL-AMERICANS (9)

U-Mary			
Josh Lamers	JR	110 Meter Hurdles	2nd
Minnesota State			
Elijah Calderon-Pitchford	JR	Triple Jump	5th
Sydne Davis	JR	400 Meter Hurdles	7th
Reid Diamond	JR	4x400 Relay	4th
Tanner Ogren	JR	4x400 Relay	4th
Isaiah Pitchford	SR	4x400 Relay	4th
John Schuster	JR	4x400 Relay	4th
MSU Moorhead			
Brian Huber	SR	Long Jump	1st
Josh Young	SR	1500 Meters	8th

NSIC MEN'S SECOND TEAM ALL-AMERICANS (7)

Minnesota State			
Sydne Davis	JR	110 Meter Hurdles	11th
Vance Barnes	JR	4x100 Relay	9th
Reid Diamond	JR	4x100 Relay	9th
Tanner Ogren	JR	4x100 Relay	9th
Paul Selman	SR	4x100 Relay	9th
Sioux Falls			
Steven Brown	JR	10,000 Meters	11th
Zach Lundberg	SO	1500 Meters	10th

2017 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Concordia University, St. Paul - Sea Foam Stadium

Team Standings	Points		Points
1) Minnesota State	247	2) Sioux Falls	122
3) University of Mary	74	4) Augustana	69
5) SMSU	66	6) MSU Moorhead	63
7) Wayne State	49	7) Minnesota Duluth	49
9) Northern State	48	10) Concordia-St. Paul	25
11) Minot State	6		

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
M 100 Meter Dash	Paul Selman, Minnesota State	10.56
M 110 Meter Hurdles	Teddy Frid, Sioux Falls	14.74
M 200 Meter Dash	Paul Selman, Minnesota State	21.32
M 400 Meter Dash	Isaiah Pitchford, Minnesota State	47.55
M 400 M Hurdles	Josh Barrows, Augustana	52.76
M 800 Meter Run	Mason Phillips, Sioux Falls	1:52.86
M 1500 Meter Run	Josh Young, MSU Moorhead	3:53.86
3000 M Steeplechase	Nathan Schroeder, Augustana	9:15.48
M 5000 M Run	Cody Christ, MSU Moorhead	14:57.45
M 10000 M Run	Steven Brown, Sioux Falls	30:45.49
M 4x100 M Relay	Minnesota State	40.79
M 4x400 M Relay	Vance Barnes, Paul Selman, Tanner Ogren, Jack Curtis, Minnesota State	3:13.09*
	John Schuster, Tanner Ogren, Jovonte Suber, Isaiah Pitchford	
M Shot Put	Alex Weis, SMSU	53-00
M Javelin	Sven Dunkel, UMary	182-10
M Hammer Throw	Samuel Udermann, Minnesota State	185-01
M Discus	Andrew Dubiel, UMary	163-06
M Triple Jump	Michael Sandle, Minnesota State	52-3.75*
M Long Jump	Brian Huber, MSU Moorhead	24-2.25
M Pole Vault	Jacob Zebedee, Sioux Falls	16-5.5
M High Jump	Michael Sandle, Minnesota State	6-9.75
M Decathlon	Teddy Frid, Sioux Falls	6975*

NSIC Men's Athlete of the Year: Cody Christ, MSU Moorhead (track)
Teddy Frid, Sioux Falls (field)

NSIC Men's Newcomer of the Year: Zach Lundberg, Sioux Falls
NSIC Men's Outdoor Coach of the Year: Jim Dilling, Minnesota State

NSIC MEN'S FIRST TEAM ALL-AMERICANS (5)

Minnesota State (2)			
Michael Sandle	High Jump	6th	
Michael Sandle	Triple Jump	2nd	
MSU Moorhead (1)			
Josh Young	1500 Meters	7th	
Sioux Falls (2)			
Scott Greenman	Pole Vault	6th	
Jacob Zebedee	Pole Vault	7th	

NSIC MEN'S SECOND TEAM ALL-AMERICANS (3)

University of Mary (2)			
Andrew Dubiel	Discus	11th	
Luxon Glor	Long Jump	11th	
Sioux Falls (1)			
Teddy Frid	Decathlon	12th	



2016 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Augustana University - Howard Wood Field

Team Standings	Points		Points
1) Minnesota State	166.5	2) Augustana	141
3) St. Cloud State	91	4) Sioux Falls	85.5
5) MSU Moorhead	84	6) U-Mary	60
7) Wayne State	52	8) Minnesota Duluth	45
9) SMSU	32	10) Northern State	31.5
11) Concordia-St. Paul	22	12) Minot State	8.5

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
M 100 Meter Dash	Richard Wilhite, Minnesota State	10.49
M 110 Meter Hurdles	Myles Hunter, Minnesota State	13.94
M 200 Meter Dash	Richard Wilhite, Minnesota State	21.31
M 400 Meter Dash	John Schuster, Minnesota State	49.53
M 400 M Hurdles	Jason Greenway, Augustana	53.92
M 800 Meter Run	Josh Young, MSU Moorhead	1:56.69
M 1500 Meter Run	Brady Speicher, MSU Moorhead	3:56.82
3000 M Steeplechase	Harald Karbo, Augustana	9:36.40
M 5000 M Run	Keegan Carda, Augustana	14:59.73
M 10000 M Run	Cody Christ, MSU Moorhead	30:24.05*
M 4x100 M Relay	Minnesota State	41.24
M 4x400 M Relay	Geno Bullard, Paul Selman, Myles Hunter, Richard Wilhite Augustana	3:18.11
M Shot Put	Khor Kong, Jason Greenway, Justin Greenway, Josh Barrows Alex Weis, Southwest Minnesota State	53-05.50
M Javelin	David Murphy, Northern State	179-03
M Hammer Throw	Ryan Johnson, St. Cloud State	199-08
M Discus	Quinn Anderson, St. Cloud State	183-09*
M Triple Jump	Michael Sandle, Minnesota State	49-09*
M Long Jump	Keyshawn Davis, St. Cloud State	24-09.75*
M Pole Vault	Scott Greenman, Sioux Falls	17-00.25*
M High Jump	Frank Veldman, Minnesota State	6-08
M Decathlon	Josh Spenner, Wayne State	6496

NSIC Men's Athlete of the Year: Myles Hunter, Minnesota State (track)
 Ryan Johnson, St. Cloud State (field)

NSIC Men's Newcomer of the Year: Paul Selman, Minnesota State

NSIC Men's Outdoor Coach of the Year: Tracy Hellman, Augustana

NSIC MEN'S FIRST TEAM ALL-AMERICANS (10)
Minnesota State (6)

Myles Hunter	110 Meter Hurdles	1st Place
Michael Sandle	Triple Jump	1st Place
Geno Bullard	4x100 Relay	Fifth Place
Myles Hunter	4x100 Relay	Fifth Place
Paul Selman	4x100 Relay	Fifth Place
Richard Wilhite	4x100 Relay	Fifth Place

MSU Moorhead (1)

Brian Huber	Long Jump	Fifth Place
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Sioux Falls (2)

Jagger Gran	Pole Vault	Fourth Place
Scott Greenman	Pole Vault	Sixth Place

St. Cloud State (1)

Rafael Saez	Discus	Seventh Place
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NSIC MEN'S SECOND TEAM ALL-AMERICANS (5)
MSU Moorhead (1)

Brady Speicher	1500 Meters	Ninth Place
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Sioux Falls (2)

Chase Jensen	Pole Vault	Ninth Place
Jacob Zebedee	Pole Vault	Tenth Place

St. Cloud State (2)

Quinn Anderson	Discus	Ninth Place
Ryan Johnson	Discus	Tenth Place

2015 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by University of Sioux Falls

Team Standings	Points		Points
1) Minnesota State	202.50	2) Augustana	92
3) MSU Moorhead	84	4) Minnesota State	83
5) St. Cloud State	72	6) Sioux Falls	69
7) University of Mary	50.50	8) Wayne State	44
9) Minot State	32	9) Concordia-St. Paul	32
11) Northern State	29	11) SMSU	29

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
M 100 Meter Dash	Emmanuel Matadi, Minnesota State	10.45
M 110 Meter Hurdles	Myles Hunter, Minnesota State	13.80*
M 200 Meter Dash	Emmanuel Matadi, Minnesota State	20.84
M 400 Meter Run	JoVonte Suber, St. Cloud State	48.17
M 400 M Hurdles	Jay Cooper, University of Mary	52.62
M 800 Meter Run	Alejandro Sanchez, SMSU	1:53.54
M 1500 Meter Run	Robert Brockmueller, Sioux Falls	3:55.29
3000 M Steeplechase	Adam Braun, Augustana	9:00.09*
M 5000 M Run	Cody Christ, MSU Moorhead	14:40.42*
M 10000 M Run	Paul Yak, Augustana	31:07.13
M 4x100 M Relay	Minnesota State	41.08
M 4x400 M Relay	Geno Bullard Kyran Stewart Richard Wilhite Anthony Gustafson MSU Moorhead	3:15.27
M Shot Put	Charles Tiedman, Kenny Andri, Matthew Loehr and Ryan Olson Brendon Pineda, Minnesota Duluth	55-07
M Javelin	Cody Schmidt, Minot State	205-11
M Hammer Throw	Nick Moran, Minnesota Duluth	181-08
M Discus	Rafael Saez, St. Cloud State	171-00
M Triple Jump	David Pearcill, Minnesota State	49-04.25*
M Long Jump	Keyshawn Davis, St. Cloud State	24-03
M Pole Vault	Jacob Zebedee, Sioux Falls	15-05.00
M High Jump	Keyvan Rudd, Minnesota State	6-09.75
M Decathlon	Nathan Hancock, Minnesota State	6951

NSIC Men's Athlete of the Year: Emmanuel Matadi Minnesota State (track)
 Keyvan Rudd, Minnesota State (field)

NSIC Men's Newcomer of the Year: Cody Schmidt, Minot State

NSIC Men's Outdoor Coach of the Year: Jim Dilling, Minnesota State

NSIC MEN'S ALL-AMERICANS (11)
Augustana (1)

Paul Yak	5000m	7th Place
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Minnesota State (10)

Emmanuel Matadi	100 Meter Dash	1st Place
Emmanuel Matadi	200 Meter Dash	1st Place
Emmanuel Matadi	4X100 Meter Relay	6th Place
Kyran Stewart	200 Meter Dash	4th Place
Kyran Stewart	100 Meter Dash	5th Place
Kyran Stewart	4X100 Meter Relay	6th Place
Myles Hunter	110 Meter Hurdles	5th Place
Keyvan Rudd	High Jump	6th Place
Richard Wilhite	4X100 Meter Relay	6th Place
Anthony Gustafson	4X100 Meter Relay	6th Place



2014 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Winona State

Team Standings	Points	Points
1) Minnesota State	177	2) Augustana 129
3) Sioux Falls	96	4) St. Cloud State 90
5) Minnesota Duluth	67	6) MSU Moorhead 52
7) Minot State	49	8) Northern State 41
9) Concordia-St. Paul	37.50	10) U-Mary 32.50
11) Wayne State College	25	12) SMSU 20

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
M 100 Meter Dash	Jerrell Hancock, Minnesota State	10.62
M 110 Meter Hurdles	Myles Hunter, Minnesota State	14.09
M 200 Meter Dash	Jerrell Hancock, Minnesota State	21.16
M 400 Meter Run	Tyler Bates, Minot State	48.09
M 400 M Hurdles	Tyler Flatland, Minot State	53.13
M 800 Meter Run	Aduo Omot, Augustana	1:50.45*
M 1500 Meter Run	Henrik Hansson, Augustana	3:50.12*
3000 M Steeplechase	Dan Nielsen, Minnesota Duluth	9:09.26
M 5000 M Run	Robert Brockmueller, Sioux Falls	14:43.74*
M 10000 M Run	Matt Horan, Sioux Falls	30:47.20
M 4x100 M Relay	Minnesota State	41.28
Myles Hunter, Jerrell Hancock, Carmono Lane, Anthony Gustafson		
M 4x400 M Relay	MSU Moorhead	3:14.48*
Keith Turner, Ryan Olson, Matthew Loehr, Kenny Andri		
M Shot Put	Christopher Reed, Minnesota State	60-07.75
M Javelin	Devin Olson, Northern State	183-10
M Hammer Throw	Christopher Reed, Minnesota State	215-11*
M Discus	Christopher Reed, Minnesota State	165-00
M Triple Jump	Khalil Jor'dan, Minnesota State	47-04.25
M Long Jump	Keyshawn Davis, St. Cloud State	23-06.25
M Pole Vault	Jagger Gran, Sioux Falls	15-03.00
M High Jump	Frank Veldman, Minnesota State	6-08.25
M Decathlon	Nathan Hancock Minnesota State	6664
NSIC Men's Athlete of the Year:	Jerrell Hancock, Minnesota State (track)	
	Christopher Reed, Minnesota State (field)	

NSIC Men's Newcomer of the Year: Myles Hunter, Minnesota State
 NSIC Men's Outdoor Coach of the Year: Jim Dilling, Minnesota State

NSIC MEN'S ALL-AMERICANS (9)

Augustana (2)

Harald Karbo	Steeplechase	3rd Place
Aduo Omot	800 Meters	8th Place

Minnesota State (5)

Christopher Reed	Shot Put	1st Place
Myles Hunter	110 Meter Hurdles	2nd Place
Christopher Reed	Hammer	4th Place
Christopher Reed	Discus	5th Place
Jerrell Hancock	200 Meters	7th Place

Sioux Falls (2)

Jagger Gran	Pole Vault	6th Place
Scott Greenman	Pole Vault	6th Place

2013 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Augustana College

Team Standings	Points	Points
1. Minnesota State	166	2. Augustana 135.50
3. MSU Moorhead	125.50	4. Sioux Falls 111
5. University of Mary	61	5. St. Cloud State 61
7. Minnesota Duluth	51	8. Northern State 40
9. Concordia-St. Paul	34	10. Wayne State 24
11. Minot State	9	

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
M 100 Meter Dash	Jerrell Hancock, Minnesota State	10.32*
M 110 Meter Hurdles	Luke Hauert, Northern State	14.03*
M 200 Meter Dash	Jerrell Hancock, Minnesota State	20.49*
M 400 Meter Run	Collin Koth, Sioux Falls	48.81
M 400 M Hurdles	Luke Hauert, Northern State	54.20
M 800 Meter Run	Henrik Hansson, Augustana	1:56.18
M 1500 Meter Run	Clayton Foster, MSU Moorhead	4:16.62
3000 M Steeplechase	Harald Karbo, Augustana	9:32.61
M 5000 M Run	Travis Beniak, Augustana	15:53.42
M 10000 M Run	Travis Beniak, Augustana	31:04.88
M 4x100 M Relay	Minnesota State	41.74
Anthony Gustafson, Jerrell Hancock, Carmono Lane, Nicholas Nelson		
M 4x400 M Relay	Minnesota State	3:20.84
Jerrell Hancock, Dan Guelle, Carmono Lane, Anthony Gustafson		
M Shot Put	Christopher Reed, Minnesota State	62-03.25*
M Javelin	Devin Olson, Northern State	185-07
M Hammer Throw	Christopher Reed, Minnesota State	182-02
M Discus	Grant Luer, Minnesota State	176-05
M Triple Jump	Derek Bredy, MSU Moorhead	48-11.50
M Long Jump	Derek Bredy, MSU Moorhead	24-07.75
M Pole Vault	Scott Greenman, Sioux Falls	16-08.75
M High Jump	Keyvan Rudd, Minnesota State	6-10.25
M Decathlon	Tandy Juell, Minnesota State	6926
NSIC Men's Athlete of the Year:	Jerrell Hancock, Minnesota State (track)	
	Tandy Juell, Minnesota State (field)	

NSIC Men's Newcomer of the Year: Scott Greenman, USF
 NSIC Men's Outdoor Coach of the Year: Mark Schuck, Minnesota State

NSIC MEN'S ALL-AMERICANS (16)

Augustana (3)

Travis Beniak - 3000M Steeplechase - 4th
 Henrik Holmberg - Decathlon - 7th
 Aaron Jung - Shot Put - 8th

Minnesota State (10)

Chris Reed (3) - Shot Put (1st), Hammer Throw (7th), Discus (7th)
 Grant Luer - Discus - 4th
 Jerrell Hancock - 200m - 6th
 Dan Novak - Pole Vault - 7th
 Jerrell Hancock, Nicholas Nelson, Carmono Lane and Anthony Gustafson - 4X100 - 8th

MSU Moorhead (2)

Derek Bredy (2) - Long Jump (2nd), 400m Dash (7th)

Sioux Falls (1)

Jagger Gran - Pole Vault - 8th



2012 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by University of Mary

Team Standings	Points		Points
1. Minnesota State	212	2. MSU Moorhead	179
3. Augustana (S.D..)	115	4. U-Mary 103	
5. Minnesota Duluth	48	6. St. Cloud State	45
7. Wayne St. (Neb..)	42	8. Northern State	41
9. Concordia-St. Paul	34		

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
M 100 Meter Dash	Derek Bredy, MSU Moorhead	10.46
M 110 Meter Hurdles	Laquone Robinson, MSU Moorhead	14.13*
M 200 Meter Dash	Jerrell Hancock, Minnesota State	21.21
M 400 Meter Run	Jerrell Hancock, Minnesota State	47.44
M 400 M Hurdles	Laquone Robinson, MSU Moorhead	53.09
M 800 Meter Run	Aduo Omot, Augustana	1:52.86
M 1500 Meter Run	Clayton Foster, MSU Moorhead	3:53.01*
3000 M Steeplechase	Kyle Larson, Minnesota Duluth	9:29.48
M 5000 M Run	Tom Karbo, Augustana	15:23.40
M 10000 M Run	Paul Yak, Augustana	31:32.02
M 4x100 M Relay	MSU Moorhead	40.79
M 4x400 M Relay	Minnesota State	3:16.40
M Shot Put	Christopher Reed, Minnesota State	59-08.50
M Javelin	Dylan Buehler, Augustana	185-08
M Hammer Throw	Ross Bunchek, Wayne State	212-09*
M Discus	Christopher Reed, Minnesota State	167-07
M Triple Jump	Derek Bredy, MSU Moorhead	48-06.75
M Long Jump	Laquone Robinson, MSU Moorhead	23-11.75
M Pole Vault	Dan Novak, Minnesota State	16-02
M High Jump	Ryan Barnes, MSU Moorhead	6-09
M Decathlon	Tandy Juell, Minnesota State	6968*

NSIC Men's Athlete of the Year: Tom Karbo, Augustana (track)
 Ross Bunchek, Wayne State (field)

NSIC Men's Newcomer of the Year: Dan Nielsen, UMD

NSIC Men's Outdoor Coach of the Year: Mark Schuck, Minnesota State

2011 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Northern State

Team Standings	Points		Points
1. MSU Moorhead	162	2. St. Cloud State	106.50
3. Minnesota State	94	4. Augustana	78
5. Concordia-St. Paul	71	6. Northern State	68
7. Minnesota Duluth	65	8. University of Mary	63.50
9. Wayne State	60	10. Bemidji State	50

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
M 100 Meter Dash	Derek Bredy, MSU Moorhead	10.38
M 110 Meter Hurdles	Laquone Robinson, MSU Moorhead	14.24
M 200 Meter Dash	Derek Bredy, MSU Moorhead	21.07
M 400 Meter Dash	Jordan Johnson, Concordia-St. Paul	49.32
M 400 M Hurdles	John Knebel, Minnesota Duluth	54.55
M 800 Meter Run	Dan Allen, St. Cloud State	2:01.94
M 1500 Meter Run	Tom Karbo, Augustana	4:17.06
3000 M Steeplechase	John Kern, Wayne State	9:25.77
M 5000 M Run	Tom Karbo, Augustana	15:39.81
M 10000 M Run	John Kern, Wayne State	31:55.90
M 4x100 M Relay	MSU Moorhead	41.43
M 4x400 M Relay	MSU Moorhead	3:20.10
M Shot Put	Christopher Reed, Minnesota State	54-09.50
M Javelin	Jon Evenson, Northern State	196-11
M Hammer Throw	Christopher Heil, MSU Moorhead	202
M Discus	Adam Kershaw, St. Cloud State	181-02
M Triple Jump	Alex Timperley, Wayne State	48-05.25
M Long Jump	Calvin McGruder, Northern State	23-07.25
M Pole Vault	Jason Beutz, Minnesota Duluth	16-10
M High Jump	Dustin McColley, St. Cloud State	6-09.75
M Decathlon	Tandy Juell, Bemidji State	6531

NSIC Men's Athlete of the Year: John Kern, Wayne State (track)
 Laquone Robinson, MSU Moorhead (field)

NSIC Men's Newcomer of the Year: Christopher Reed, MSU

NSIC Men's Outdoor Coach of the Year: Seth Mischke, St. Cloud State

2010 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by MSU Moorhead

Team Standings	Points		Points
1. Minnesota State	153.50	2. MSU Moorhead	118.50
3. St. Cloud State	105	4. Augustana	94
5. University of Mary	69	6. Concordia-St Paul	68
7. Northern State	66	8. Minnesota Duluth	58
9. Wayne State	50	10. Bemidji State	36

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
M 100 Meter Dash	Nick Trisko, St. Cloud State	10.53
M 110 Meter Hurdles	Laquone Robinson, MSU Moorhead	14.59
M 200 Meter Dash	Nick Trisko, St. Cloud State	21.20
M 400 Meter Dash	Domonique Gilmer, Concordia-St. Paul	48.98
M 400 M Hurdles	Bill Cameron, Northern State	53.21
M 800 Meter Run	Denise Mokaya, Minnesota State	1:52.06
M 1500 Meter Run	Tom Karbo, Augustana	3:55.72
3000 M Steeplechase	Travis Beniak, Augustana	9:11.20
M 5000 M Run	Tom Karbo, Augustana	14:47.08
M 10000 M Run	James Krasja, Minnesota State	31:11.30
M 4x100 M Relay	St. Cloud State	41.79
M 4x400 M Relay	Minnesota State	3:17.44
M Shot Put	Ben Jacobson, University of Mary	55' 10.5"
M Javelin	Dan Larson, Minnesota Duluth	171' 2"
M Hammer Throw	Adam Kershaw, St. Cloud State	178' 10"
M Discus	Adam Kershaw, St. Cloud State	174' 5"
M Triple Jump	Tyler Zacher, University of Mary	46' 4.25"
M Long Jump	John Pimental, Concordia-St. Paul	23' 2.75"
M Pole Vault	Ben Mauch, Minnesota State	16' 3.5"
M High Jump	Andrew Rose, Northern State	6' 8.75"
M Decathlon	Zac Preble, Bemidji State	6957 Pts

NSIC Men's Athlete of the Year: Nick Trisko, St. Cloud State (track)
 Adam Kershaw, St. Cloud state (field)

NSIC Men's Newcomer of the Year: Tom Karbo, Augustana

NSIC Men's Outdoor Coach of the Year: Mark Schuck, Minnesota State

2009 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Wayne State

Team Standings	Points		Points
1. Minnesota State	193	2. Minnesota Duluth	98
3. Northern State	96	4. Concordia - St. Paul	86.50
5. St. Cloud State	70	6. MSU Moorhead	67
7. Wayne State	63	8. University of Mary	53.50
9. Augustana	50	10. Bemidji State	39

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
M 100 Meter Dash	Nick Trisko, St. Cloud State	11.03
M 110 Meter Hurdles	Paul Mallory, Augustana	15.13
M 200 Meter Dash	Kawaskii Bacon, Concordia-St. Paul	22.16
M 400 Meter Dash	Percy Watson, MSU Moorhead	48.02
M 400 M Hurdles	Chris Parno, Minnesota Duluth	54.53
M 800 Meter Run	Denise Mokaya, Minnesota State	1:53.70
M 1500 Meter Run	Denise Mokaya, Minnesota State	3:55.82
3000 M Steeplechase	Matt Schneider, Wayne State	9:21.55
M 5000 M Run	Dana Schmidt, Minnesota State	14:57.80
M 10000 M Run	Dana Schmidt, Minnesota State	32:22.55
M 4x100 M Relay	Concordia - St. Paul	41.26
M 4x400 M Relay	MSU Moorhead	3:17.75
M Shot Put	Cody Hunt, Northern State	56' 11.50"
M Javelin	Jon Evenson, Northern State	182' 2"
M Hammer Throw	John Sloup, Wayne State	181' 2"
M Discus	Michael Robinson, Minnesota State	159' 10"
M Triple Jump	Adedayo Ologunde, Minnesota State	45' 10.75"
M Long Jump	John Pimental, Concordia-St. Paul	23' 6"
M Pole Vault	Ben Mauch, Minnesota State	16' 6.75**
M High Jump	Andrew Rose, Northern State	6' 7.5"
M Decathlon	Zac Preble, Bemidji State	6223 Pts

NSIC Men's Athlete of the Year: Denise Mokaya, Minnesota State (track)
 Zac Preble, Bemidji State (field)

NSIC Men's Newcomer of the Year: Cody Hunt, Northern State

NSIC Men's Outdoor Coach of the Year: Mark Schuck, Minnesota State

2008 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Wayne State

Team Standings	Points
1. Wayne State	164
2. University of Mary	156.50
3. Northern State	135
4. MSU Moorhead	107
5. Concordia-St. Paul	61.50
6. Bemidji State	58

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
M 100 Meter Dash	Kawaskii Bacon, Concordia-St. Paul	10.85
M 110 Meter Hurdles	Jesse Piper, U-Mary	14.39
M 200 Meter Dash	Kawaskii Bacon, Concordia-St. Paul	21.85
M 400 Meter Dash	Jake Hamik, Northern State	48.40
M 400 M Hurdles	Jake Hamik, Northern State	52.60
M 800 Meter Run	Ben Jansen, Wayne State	1:53.27
M 1500 Meter Run	Russ Neff, U-Mary	4:00.96
3000 M Steeplechase	Nate Preston, Wayne State	9:20.09
M 5000 M Run	Nate Preston, Wayne State	15:36.67
M 10000 M Run	Nate Preston, Wayne State	32:31.80
M 4x100 M Relay	U-Mary	42.41
M 4x400 M Relay	Northern State	3:27.55
M 4x800 M Relay	U-Mary	7:46.86*
M Shot Put	Joe Remitz, Bemidji State	61'6.75"
M Javelin	Jon Evenson, Northern State	174'1"
M Hammer Throw	Brett Suckstorf, Wayne State	181'1"
M Discus	Brett Suckstorf, Wayne State	150'7"
M Triple Jump	Nick Meseck, MSU Moorhead	46'4.75"
M Long Jump	Tim Pilakowski, Wayne State	22'8"
M Pole Vault	Jake Alexander, U-Mary	15'10"
M High Jump	Tre Sayles, Concordia-St. Paul	6'4"
M Decathlon	Zac Preble, Bemidji State	6669 Pts

NSIC Men's Athlete of the Year: Jake Hamik, Northern State (track)
Joe Remitz, Bemidji State (field)

NSIC Men's Newcomer of the Year: Nate Preston, Wayne State

NSIC Men's Outdoor Coach of the Year: Marlon Brink, Wayne State

2007 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by MSU Moorhead

Team Standings	Points	2. Northern State	134
1. Wayne State	166		
3. Bemidji State	133	4. Concordia-St. Paul	90
5. MSU Moorhead	83	6. University of Mary	76

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
M 100 Meter Dash	Kawaskii Bacon, Concordia-St. Paul	10.60
M 110 Meter Hurdles	Jake Hamik, Northern State	14.57
M 200 Meter Dash	Kawaskii Bacon, Concordia-St. Paul	21.34
M 400 Meter Dash	Jake Hamik, Northern State	48.50
M 400 M Hurdles	Jake Hamik, Northern State	52.78
M 800 Meter Run	Ben Jansen, Wayne State	1:54.57
M 1500 Meter Run	Kyle Warren, Concordia-St. Paul	3:55.95
3000 M Steeplechase	Scott Egeberg, MSU Moorhead	9:30.82
M 5000 M Run	Jeremy VanVeen, Northern State	15:23.40
M 10000 M Run	Jeremy VanVeen, Northern State	31:58.17
M 4x100 M Relay	Concordia-St. Paul	42.17
M 4x400 M Relay	Concordia-St. Paul	3:18.02
M 4x800 M Relay	Wayne State	7:52.42
M Shot Put	Joe Remitz, Bemidji State	16.80m
M Javelin	Todd Zeidler, Bemidji State	179-11
M Hammer Throw	Joe Remitz, Bemidji State	168-09
M Discus	Justin Cox, Bemidji State	163-10
M Triple Jump	Tre Sayles, Concordia-St. Paul	14.29
M Long Jump	Tim Pilakowski, Wayne State	22-09.00
M Pole Vault	Derick Brugger, MSU Moorhead	16-03.25
M High Jump	Jon Clemons, Bemidji State	6-03.50
M Decathlon	Zac Preble, Bemidji State	6672 Pts

NSIC Men's Athlete of the Year: Jake Hamik, Northern State (track)
Joe Remitz, Bemidji State (field)

NSIC Men's Newcomer of the Year: Zac Preble, Bemidji State

NSIC Men's Outdoor Coach of the Year: Marlon Brink, Wayne State

2006 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Wayne State

Team Standings	Points	2. Bemidji State	170
1. Wayne State	225		
3. Northern State	157.50	4. MSU Moorhead	66.50
5. Concordia-St. Paul	58		

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
M 100 Meter Dash	Jonathon Hawks, Bemidji State	10.57
M 110 Meter Hurdles	Jake Hamik, Northern State	14.52
M 200 Meter Dash	Jonathon Hawks, Bemidji State	22.11
M 400 Meter Dash	Ben Jansen, Wayne State	49.30
M 400 M Hurdles	Jake Hamik, Northern State	56.70
M 800 Meter Run	Ben Jansen, Wayne State	1:56.40
M 1500 Meter Run	Dane Moreland, MSU Moorhead	4:15.01
3000 M Steeplechase	Matt Schneider, Wayne State	9:52.43
M 5000 M Run	Jeremy VanVeen, Northern State	15:39.97
M 10000 M Run	Jeremy VanVeen, Northern State	33:29.05
M 4x100 M Relay	Bemidji State	42.77
M 4x400 M Relay	Concordia-St. Paul	3:20.89
M 4x800 M Relay	Wayne State	8:02.56
M Shot Put	Joe Remitz, Bemidji State	16.86m
M Javelin	Eric Schwan, Northern State	56.70m
M Hammer Throw	Adam Wilson, Bemidji State	47.92m
M Discus	Justin Cox, Bemidji State	47.40m
M Triple Jump	JJ Washington, Wayne State	13.96
M Long Jump	Tim Pilakowski, Wayne State	7.11m
M Pole Vault	Derick Brugger, MSU Moorhead	4.71m
M High Jump	Jon Clemons, Bemidji State	2.00m
M Decathlon	Jesse Heinz, Northern State	5711 Pts

NSIC Men's Outdoor Track Athletes of the Year: Ben Jansen, Wayne State & Jake Hamik, Northern State

NSIC Men's Outdoor Field Athlete of the Year: JJ Washington, Wayne State

NSIC Men's Newcomer of the Year: Ben Jansen, Wayne State

NSIC Men's Outdoor Coach of the Year: Marlon Brink, Wayne State

2005 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by MSU Moorhead

Team Standings	Points	2. Northern State	203
1. Bemidji State	228		
3. MSU Moorhead	83	4. Wayne State	82
5. Concordia-St. Paul	81		

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
100 Meter Dash	Jonathan Hawks, Bemidji State	11.11
200 Meter Dash	Jonathan Hawks, Bemidji State	21.60
400 Meter Dash	Darrion Branscomb, Concordia-St. Paul	48.57
800 Meter Run	Steve Solum, MSU Moorhead	1:55.81
1,500 Meter Run	Dane Moreland, MSU Moorhead	3:59.75
5,000 Meter Run	Matt Scott, Northern State	15:50.40
10,000 Meter Run	Matt Scott, Northern State	33:07.20
110 Meter High Hurdles	Ozzy Williams, Bemidji State	16.02
400 Meter Int. Hurdles	Jake Hamik, Northern State	54.81
3,000 Meter Steeplechase	Matt Schneider, Wayne State	9:36.90
4x100 Meter Relay	Bemidji State	42.43
4x400 Meter Relay	Concordia-St. Paul	3:21.52
4x800 Meter Relay	MSU Moorhead	7:55.02
Shot Put	Justin Cox, Bemidji State	50' 7.5"
Discus	Grant Pfitzer, Northern State	163' 7"
Javelin	Nick Hruska, Bemidji State	178' 8"
Hammer	Troy Brock, Northern State	154' 9"
Pole Vault	Tommy Crummy, Bemidji State	14' 6.25"
Long Jump	James McNear, Concordia-St. Paul	22' 0"
Triple Jump	Rodney Williams, Bemidji State	45' 0"
High Jump	Steve Schreiber, Bemidji State	6' 6.75"
Decathlon	Eric Schwan, Northern State	5675

NSIC Men's Outdoor Track Athletes of the Year

Dane Moreland, MSU Moorhead & Matt Scott, Northern State

NSIC Men's Outdoor Field Athlete of the Year: Steve Schreiber, Bemidji State

NSIC Men's Newcomer of the Year: Jonathan Hawks, Bemidji State

NSIC Men's Outdoor Coach of the Year : Craig Hougen, Bemidji State



2004 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Minnesota Duluth

Team Standings	Points
1. Minnesota Duluth	296.5
2. Concordia-St. Paul	143
3. Wayne State	135.5
4. Northern State	130.5
5. Bemidji State	107
6. Minnesota State Moorhead	71

2004 NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
100 Meter Dash	Micah Arnold, Northern State	10.61
200 Meter Dash	Micah Arnold, Northern State	21.42
400 Meter Dash	Greg DeMain, Minnesota Duluth	48.28
800 Meter Run	Korey Kriz, Wayne State	1:53.39
1,500 Meter Run	Nate Beerling, Minnesota Duluth	3:53.55
5,000 Meter Run	Nate Beerling, Minnesota Duluth	15:20.10
10,000 Meter Run	Brian Polski, Minnesota Duluth	32:28.41
110 Meter High Hurdles	Micah Arnold, Northern State	14.63
400 Meter Int. Hurdles	Andy Wenger, Minnesota Duluth	53.46
3,000 Meter Steeplechase	Robb Winterfeld, Minnesota Duluth	9:20.70
4x100 Meter Relay	Concordia-St. Paul	41.88
4x400 Meter Relay	Concordia-St. Paul	3:16.00
4x800 Meter Relay	Wayne State	8:11.79
Shot Put	Dan Soldner, Minnesota Duluth	58' 5.75"
Discus	Dan Soldner, Minnesota Duluth	166' 2"
Javelin	Justin Kortuem, Concordia-St. Paul	170' 10"
Hammer	Dan Soldner, Minnesota Duluth	180' 8"
Pole Vault	Matt Jahnke, MSU Moorhead	14' 5.5"
Long Jump	Eric Havranek, Wayne State	22' 8"
Triple Jump	David Dooley, Wayne State	45' 2.5"
High Jump	Steve Schreiber, Bemidji State	6' 7"
Decathlon	Reed Tietz, Concordia-St. Paul	5,845 Pts
NSIC Men's Outdoor Athletes of the Year		
Micah Arnold, Northern State		
Dan Soldner, Minnesota Duluth		
NSIC Men's Outdoor Coach of the Year		
Mark McConeghey, Concordia-St. Paul		

2003 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by MSU Moorhead

Team Standings	Points
1. Minnesota Duluth	296.5
2. Northern State	161.5
3. Bemidji State University	123.5
4. Minnesota State Moorhead	121
5. Wayne State	73.5
6. Concordia-St. Paul	68
7. Minnesota-Morris	9

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
100 Meter Dash	Micah Arnold, Northern State	10.68
200 Meter Dash	Micah Arnold, Northern State	21.58
400 Meter Dash	Greg Demain, Minnesota Duluth	50.11
800 Meter Run	Adam Gellerstedt, Minnesota Duluth	1:55.61
1,500 Meter Run	Robb Winterfeld, Minnesota Duluth	4:04.80
5,000 Meter Run	Robb Winterfeld, Minnesota Duluth	15:22.09
10,000 Meter Run	Ben Kimmes, Minnesota Duluth	32:03.00
110 Meter High Hurdles	Micha Arnold, Northern State	14.78
400 Meter Int. Hurdles	Eric Longhenry, Northern State	54.66
3,000 Meter Steeplechase	Robb Winterfeld, Minnesota Duluth	9:13.60
4x100 Meter Relay	Concordia-St. Paul	42.00
4x400 Meter Relay	Northern State	3:23.90
4x800 Meter Relay	Minnesota-Duluth	7:55.20
Shot Put	Dan Soldner, Minnesota-Duluth	51' 8.5"
Discus	Garett Pfitzer, Northern State	150' 2"
Javelin	Adam Meier, Wayne State	185' 0"
Hammer	Chris Nulle, MSU Moorhead	193' 6"
Pole Vault	Ryan Wilhelm, Northern State	14' 6"
Long Jump	Eric Havranek, Wayne State	23' 4"
Triple Jump	Darek Holus, Minnesota Duluth	45' 9"
High Jump	Steve Schreiber, Bemidji State	6' 6.75"
Decathlon	Eric Longhenry, Northern State	6,797 pts
NSIC Men's Outdoor Athlete of the Year		
Eric Longhenry, Northern State, Sr., Ortonville, Minn.		
NSIC Men's Outdoor Coach of the Year		
Bill Hudspith, Minnesota Duluth		



2002 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Minnesota Duluth

Team Standings	Points
1. Minnesota Duluth	274
2. Northern State	176
3. Bemidji State	159
4. Wayne State	94
5. Minnesota State Moorhead	89
6. Concordia-St. Paul	35.0
7. Minnesota-Morris	9.0

2002 NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
100 Meter Dash	Micah Arnold, Northern State	10.92
200 Meter Dash	Micah Arnold, Northern State	21.96
400 Meter Dash	Dan Cinnamon, Minnesota Duluth	49.10
800 Meter Run	Adam Gellerstedt, Minnesota Duluth	1:52.45
1,500 Meter Run	Brett Carroll, Minnesota Duluth	3:53.75
5,000 Meter Run	Brett Carroll, Minnesota Duluth	15:21.08
10,000 Meter Run	Steve Leuer, Bemidji State	33:27.29
110 Meter High Hurdles	Eric Longhenry, Northern State	14.85
400 Meter Int. Hurdles	Soliman Sayedi, Minnesota Duluth	52.98
3,000 Meter Steeplechase	Brett Carroll, Minnesota Duluth	9:42.97
4x100 Meter Relay	Bemidji State	41.90
4x400 Meter Relay	Minnesota Duluth	3:18.98
4x800 Meter Relay	Minnesota Duluth	8:04.49
Shot Put	Dan Soldner, Minnesota Duluth	50' 7.5"
Discus	Dan Soldner, Minnesota Duluth	156' 3"
Javelin	Jeff Spotts, Bemidji State	168' 7"
Hammer	Chris Nulle, MSU Moorhead	179' 0"
Pole Vault	Dan Madden, Minnesota Duluth	14' 8.75"
Long Jump	Josh Martin, Northern State	23' 2.5"
Triple Jump	Eric Havranek, Wayne State	45' 9"
High Jump	Nate Swenson, Minnesota Duluth	6' 4.25"
Decathlon	Eric Longhenry, Northern State	6,634

NSIC Men's Outdoor Athlete of the Year
 Brett Carroll, Minnesota Duluth
 NSIC Men's Outdoor Coach of the Year
 Bill Hudspeth, Minnesota Duluth

2001 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Minnesota State Moorhead

Team Standings	Points
1. Minnesota State Moorhead	159
2. Minnesota Duluth	146
3. Northern State	128
4. Bemidji State	123
5. Wayne State	104
6. Minnesota-Morris	11
7. Concordia-St. Paul	9

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
100 Meter Dash	Torry Thompson, Northern State	10.90
200 Meter Dash	Neuby Ras, Northern State	21.87
400 Meter Dash	Danny Pyatt, MSU Moorhead	49.27
800 Meter Run	Adam Gellerstedt, Minnesota Duluth	1:53.85
1,500 Meter Run	Brett Carroll, Minnesota Duluth	4:01.84
5,000 Meter Run	Brett Carroll, Minnesota Duluth	15:41.00
10,000 Meter Run	Ben Kimmes, Minnesota Duluth	31:59.00
110 Meter High Hurdles	Matt Kneifl, Wayne State	14.48
400 Meter Hurdles	Dan Frette, Bemidji State	52.81
3000 Meter Steeplechase	Brett Carroll, Minnesota Duluth	9:33.06
4x100 Meter Relay	Northern State	42.12
4x400 Meter Relay	Minnesota State Moorhead	3:18.36
4x800 Meter Relay	Minnesota State Moorhead	7:48.33
Shot Put	Joe Ferraro, Bemidji State	48' 5.25"
Discus	Scott Wavrin, MSU Moorhead	155' 3"
Javelin	Quinn Hastie, Bemidji State	196' 3"
Hammer	Chris Nulle, MSU Moorhead	182' 11"
Pole Vault	Geoff Goetz, Northern State	15' 0"
Long Jump	Troy Larson, MSU Moorhead	22' 11.25"
Triple Jump	Friday Mathews, MSU Moorhead	46' 0"
High Jump	Jason Kneifl, Wayne State	6' 6"
Decathlon	Dan Frette, Bemidji State	6,265 pts



2000 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Minnesota Duluth

Team Standings	Points
1. Minnesota Duluth	223
2. Northern State	141
3. Minnesota State Moorhead	127.5
4. Bemidji State	127
5. Wayne State	55.5
6. Concordia-St. Paul	5
7. Minnesota-Morris	2

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
100 Meter Dash	Starr Roberts, MSU Moorhead	10.57
200 Meter Dash	Starr Roberts, MSU Moorhead	21.05
400 Meter Dash	Erik Hanson, Minnesota Duluth	47.24
800 Meter Run	Dave Snelling, Northern State	1:55.18
1,500 Meter Run	Aaron Feia, Bemidji State	4:07.83
5,000 Meter Run	Andrew Moore, Minnesota Duluth	16:04.62
10,000 Meter Run	Matt Loberg, Minnesota Duluth	33:14.80
110 Meter High Hurdles	Matt Kneifl, Wayne State	14.74
400 Meter Int. Hurdles	Matt Kneifl, Wayne State	54.32
Steeplechase	Andrew Moore, Minnesota Duluth	9:33.01
4x100 Meter Relay	Minnesota Duluth	42.02
4x400 Meter Relay	Minnesota Duluth	3:16.83
4x800 Meter Relay	Minnesota Duluth	7:53.50
Shot Put	Joe Ferraro, Bemidji State	49' 10"
Discus	Steve Gough, Northern State	147' 0"
Javelin	Quinn Hastie, Bemidji State	191' 6"
Hammer	Chris Nulle, MSU Moorhead	166' 6"
Pole Vault	Dan Shroyer, Minnesota Duluth	15' 2"
Long Jump	Troy Larsen, MSU Moorhead	22' 8.5"
Triple Jump	Kyle Johnson, Northern State	45' 2.25"
High Jump	Steve Sneide, Minnesota-Duluth	6' 3.75"
Decathlon	Eric Longhenry, Northern State	5,996 pts

1999 NSIC MEN'S CHAMPIONSHIPS

Hosted by Moorhead State

Team Standings	Points
1. Minnesota Duluth	257
2. Bemidji State	188
3. Northern State	136
4. Wayne State	52
5. Moorhead State	35
6. Minnesota-Morris	14

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
100 Meter Dash	Jared Nerison, Minnesota Duluth	10.71
200 Meter Dash	Erik Hanson, Minnesota Duluth	21.43
400 Meter Dash	Erik Hanson, Minnesota Duluth	47.93
800 Meter Run	Kris Brevik, Minnesota Duluth	1:54.93
1,500 Meter Run	Brooks Grossinger, Bemidji State	4:01.00
5,000 Meter Run	Pat Russell, Minnesota Duluth	15:34.23
10,000 Meter Run	Andy Tucknott, Wayne State	33:20.70
110 Meter High Hurdles	Andy Eggerth, Bemidji State	14.51
400 Meter Int. Hurdles	Daniel Frette, Bemidji State	55.03
Steeplechase	Pat Russell, Minnesota Duluth	9:39.92
4x100 Meter Relay	Minnesota Duluth	41.41
4x400 Meter Relay	Minnesota Duluth	3:22.46
4x800 Meter Relay	Minnesota Duluth	7:58.76
Shot Put	Ben Baird, Bemidji State	49' 10"
Discus	Steve Gough, Northern State	144' 2"
Javelin	Quinn Hastie, Bemidji State	173' 11"
Hammer	Eric Wirz, Minnesota Duluth	154' 2"
Pole Vault	John Pietila, Bemidji State	15' 6"
Long Jump	Jake Luger, Northern State	21' 6.25"
Triple Jump	Travis Smith, Northern State	45' 6"
High Jump	Chris Stanley, Minnesota Duluth	6' 6"
Decathlon	John Pietila, Bemidji State	6,484 pts

1998 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Minnesota Duluth

Team Standings	Points
1. Minnesota Duluth	336.5
2. Bemidji State	152
3. Northern State	115
4. Moorhead State	59.5
5. Minnesota-Morris	16

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
100 Meter Dash	Jared Nerison, Minnesota Duluth	10.55
200 Meter Dash	Erik Hanson, Minnesota Duluth	21.57
400 Meter Dash	Erik Hanson, Minnesota Duluth	47.83
800 Meter Run	Kris Brevik, Minnesota Duluth	1:53.53
1,500 Meter Run	Brooks Grossinger, Bemidji State	4:03.69
5,000 Meter Run	Dan Pemble, Bemidji State	15:34.90
10,000 Meter Run	Dan Pemble, Bemidji State	31:04.56
110 Meter High Hurdles	Matt Roforth, Bemidji State	14.81
400 Meter Int. Hurdles	Tom Skoog, Northern State	55.66
Steeplechase	Brian Heltemes, Moorhead State	9:44.90
4x100 Meter Relay	Minnesota Duluth	40.63
4x400 Meter Relay	Minnesota Duluth	3:20.34
4x800 Meter Relay	Bemidji State	8:00.17
Shot Put	Troy Breitlov, Minnesota Duluth	50' 1/4"
Discus	Jason Rodewald, Minnesota Duluth	155' 4"
Javelin	Aric Middleton, Northern State	179' 4"
Hammer	Geoff Byram, Minnesota Duluth	174' 7"
Pole Vault	Kurt Riska, Minnesota Duluth	15' 0"
Long Jump	Cory Woodland, Bemidji State	22' 3/4"
Triple Jump	Cory Woodland, Bemidji State	44' 3/2"
High Jump	Steve Sneide, Minnesota Duluth	6' 4"
Decathlon	John Pietila, Bemidji State	6,210 pts

1997 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Moorhead State

Team Standings	Points
1. Minnesota Duluth	262
2. Northern State	175
3. Bemidji State	167
4. Moorhead State	48
5. Minnesota-Morris	23

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
100 Meter Dash	George Chittle, Bemidji State	11.78
200 Meter Dash	Jim Vanderwoude, Northern State	23.33
400 Meter Dash	Jim Vanderwoude, Northern State	50.49
800 Meter Run	Kris Brevick, Minnesota Duluth	1:57.73
1,500 Meter Run	George Hanson, Minnesota Duluth	4:12.86
5,000 Meter Run	Andy Hopkings, Minnesota Duluth	15:58.59
10,000 Meter Run	Andy Hopkings, Minnesota Duluth	30:44.43
110 Meter High Hurdles	Matt Roforth, Bemidji State	16.09
400 Meter Int. Hurdles	Tom Skoog, Northern State	56.69
Steeplechase	Clay Twigg, Bemidji State	9:20.1
4x100 Meter Relay	Bemidji State	42.81
4x400 Meter Relay	Minnesota Duluth	3:20.34
4x800 Meter Relay	Minnesota Duluth	7:53.60
Shot Put	Ryan VenZee, Northern State	45' 3"
Discus	Will Grindall, Minnesota Duluth	156' 4"
Javelin	Aric Middleton, Northern State	186' 5"
Hammer	Brad Saville, Moorhead State	160' 8"
Pole Vault	Scott Trombley, Minnesota Duluth	16' 1.5"
Long Jump	Kyle Johnson, Northern State	22' 6.25"
Triple Jump	Kyle Johnson, Northern State	45' 8"
High Jump	Kyle Johnson, Northern State	6' 6"
Decathlon	LeEarl Rugland, Bemidji State	6,173 pts



Men's Outdoor Track & Field



1996 NSIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Minnesota Duluth

Team Standings	Points
1. Minnesota Duluth	267
2. Northern State	161
3. Bemidji State	144
4. Moorhead State	51
5. Minnesota-Morris	18

NSIC MEN'S OUTDOOR INDIVIDUAL CHAMPIONS

Event	Name, School	Mark
100 Meter Dash	Eric Storhoff, Minnesota Duluth	10.67
200 Meter Dash	Eric Storhoff, Minnesota Duluth	22.03
400 Meter Dash	Jeremy Magnuson, Minnesota Duluth	50.04
800 Meter Run	Kris Brevick, Minnesota Duluth	1:55.25
1,500 Meter Run	George Hanson, Minnesota Duluth	3:54.78
5,000 Meter Run	George Hanson, Minnesota Duluth	15:36.24
10,000 Meter Run	Mike Nelson, Minnesota Duluth	33:22.0
110 Meter High Hurdles	Ralph Beers, Bemidji State	14.53
400 Meter Int. Hurdles	Bret Reinertson, Minnesota Duluth	55.03
Steeplechase	Chad Coley, Minnesota Duluth	9:23.12
4x100 Meter Relay	Minnesota Duluth	42.73
4x400 Meter Relay	Northern State	3:25.48
4x800 Meter Relay	Northern State	8:23.50
Shot Put	Ben Baird, Bemidji State	46' 7.75"
Discus	Will Grindall, Minnesota Duluth	155' 6"
Javelin	David Rauzi, Minnesota Duluth	183' 6"
Pole Vault	Todd Williams, Bemidji State	15' 0"
Long Jump	Kyle Johnson, Northern State	22' 8.25"
Triple Jump	Kyle Johnson, Northern State	44' 9.75"
High Jump	Kyle Johnson, Northern State	6' 4"
Decathlon	Jeremy Magnuson, Minnesota Duluth	5,934 pts

NIC Championship Results

1981 NIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Moorhead State

Team Standings	Points
1. Mankato State	192
2. Moorhead State	181
3. St. Cloud State	108
4. Northern State	38
5. Bemidji State	25
6. Minnesota Duluth	24
7. Winona State	14
8. Southwest State	7
9. Minnesota-Morris	0

1980 NIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Northern State

Team Standings	Points
1. Mankato State	214
2. Moorhead State	140
3. St. Cloud State	113
4. Northern State	38
5. Minnesota Duluth	32
6. Bemidji State	20
7. Winona State	14
8. Michigan Tech	10
9. Minnesota-Morris	4
8. Southwest State	0

1979 NIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Minnesota State

Team Standings	Points
1. Mankato State	212
2. Moorhead State	159
3. St. Cloud State	92
4. Northern State	39
5. Winona State	33
6. Minnesota Duluth	30
7. Bemidji State	17
8. Southwest State	3
9. Michigan Tech	2
Minnesota-Morris	2

1978 NIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Southwest State

Team Standings	Points
1. Moorhead State	194
2. Mankato State	160
3. St. Cloud State	90
4. Winona State	78
5. Bemidji State	43
6. Michigan Tech	15
7. Minnesota-Morris	6
8. Minnesota Duluth	2
9. Southwest State	1

1970-77 - N/A

1969 NIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Bemidji State

Team Standings	Points
1. Mankato State	127.333
2. St. Cloud State	64.333
4. Moorhead State	44.333
5. Bemidji State	25
6. Michigan Tech	22
7. Winona State	5
8. Minnesota-Morris	0

NIC MEN'S OUTDOOR OUTSTANDING ATHLETE OF MEET

Jerry Dirkes, St. Cloud State, won the mile*, three-mile and six-mile*

*Set record

1968 NIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Moorhead State

Team Standings	Points
1. St. Cloud State	90
2. Mankato State	74
4. Moorhead State	54
5. Bemidji State	17
6. Michigan Tech	10
Winona State	10
8. Minnesota-Morris	0

NIC MEN'S OUTDOOR OUTSTANDING ATHLETE OF MEET

Van Nelson, St. Cloud State, won the mile*, three-mile

*Set record



1967 NIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Michigan Tech

Team Standings	Points
1. St. Cloud State	102.5
2. Mankato State	81
3. Moorhead State	32
4. Michigan Tech	29
5. Winona State	14.5
6. Bemidji State	11

NIC MEN'S OUTDOOR OUTSTANDING ATHLETE OF MEET

Walter Rhodes, St. Cloud State, 100-yards, 220-yards and 440 & mile relays

*Set record

1966 NIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Michigan Tech

Team Standings	Points
1. Mankato State	125.5
2. St. Cloud State	83
3. Moorhead State	28
4. Winona State	17
5. Michigan Tech	13.5
6. Bemidji State	6

NIC MEN'S OUTDOOR OUTSTANDING ATHLETE OF MEET

Henry Hill, Mankato State, 1st in Triple jump*, low hurdles, mile relay*; 2nd in high jump; 4th in broad jump - 22.5 points.

*Set record

1965 NIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by St. Cloud State

Team Standings	Points
1. Mankato State	111
2. St. Cloud State	73
3. Moorhead State	25
4. Michigan Tech	17
Winona State	17
6. Bemidji State	14

1964 NIC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by St. Cloud State

Team Standings	Points
1. Mankato State	103.5
2. St. Cloud State	70.5
3. Bemidji State	34.5
4. Winona State	28.5
5. Michigan Tech	9
Moorhead State	9

Northern State College Conference Championship Results
1963 NSCC MEN'S OUTDOOR CHAMPIONSHIPS

Hosted by Bemidji State

Team Standings	Points
1. Mankato State	124.5
2. St. Cloud State	41.25
3. Bemidji State	40.75
4. Michigan Tech	27.75
5. Moorhead State	12.75
6. Winona State	8

1962 NSCC MEN'S OUTDOOR Championships

Hosted by Moorhead State

Team Standings	Points
1. Mankato State	115.5
2. St. Cloud State	64.5
3. Michigan Tech	38
4. Bemidji State	N/A
5. Moorhead State	18
6. Winona State	7.5

1961 NSCC MEN'S OUTDOOR Championships

Hosted by Mankato State

Team Standings	Points
1. Mankato State	116.5
2. Winona State	47.5
3. St. Cloud State	28.5
4. Moorhead State	25
5. Michigan Tech	23
6. Bemidji State	19.5

1960 NSCC MEN'S OUTDOOR Championships

Hosted by Michigan Tech

Team Standings	Points
1. Mankato State	95
2. Winona State	59
5. St. Cloud State	21
Moorhead State	N/A
Michigan Tech	N/A
Bemidji State	N/A

1959 NSCC MEN'S OUTDOOR Championships

Hosted by St. Cloud State

Team Standings	Points
1. Mankato State	104.5
2. Winona State	48
3. Moorhead State	21
4. Michigan Tech	19.5
5. St. Cloud State	19
6. Bemidji State	13

Minnesota State Teachers Conference (MSTC)
1958 MSTC MEN'S OUTDOOR Championships

Hosted by Bemidji State

Team Standings	Points
1. Mankato State	97.5
2. Winona State	46.5
3. St. Cloud State	32.5
4. Bemidji State	25
5. Moorhead State	17.5



1957 MSTC MEN'S OUTDOOR Championships

Hosted by St. Cloud State

Team Standings	Points
1. Mankato State	96
2. St. Cloud State	43
3. Bemidji State	35
4. Moorhead State	25.5
5. Winona State	6.5

1956 MSTC MEN'S OUTDOOR Championships

Hosted by St. Cloud State

Team Standings	Points
1. Mankato State	95
2. Bemidji State	35.5
3. St. Cloud State	32
Moorhead State	N/A
Winona State	N/A

1955 MSTC MEN'S OUTDOOR Championships

Hosted by St. Cloud State

Team Standings	Points
1. Mankato State	93.5
2. St. Cloud State	52
3. Moorhead State	26.5
4. Bemidji State	N/A
5. Winona State	12.5

1954 MSTC MEN'S OUTDOOR Championships

Hosted by Bemidji State

Team Standings	Points
1. Mankato State	108
2. Moorhead State	29.40
3. St. Cloud State	27.20
4. Winona State	19.20
5. Bemidji State	16.20

1953 MSTC MEN'S OUTDOOR Championships

Hosted by St. Cloud State

Team Standings	Points
1. Mankato State	105.5
2. Winona State	32
3. Bemidji State	27.5
4. St. Cloud State	27
5. Moorhead State	18

1952 MSTC MEN'S OUTDOOR Championships

Hosted by Mankato State

Team Standings	Points
1. Mankato State	100
2. St. Cloud State	49
3. Bemidji State	39.5
4. Winona State	27.5
Moorhead State (did not enter team)	

1951 MSTC MEN'S OUTDOOR Championships

Hosted by St. Cloud State

Team Standings	Points
1. Mankato State	90.5
2. St. Cloud State	45.5
3. Winona State	30
4. Bemidji State	28.5
5. Moorhead State	11.5

1950 MSCC MEN'S OUTDOOR Championships

Hosted by Bemidji State

Team Standings	Points
1. Mankato State	94 (95 7/10)
2. Winona State	48
3. St. Cloud State	40 1/5
4. Bemidji State	24 7/10
5. Moorhead State	2/5

1949 MSCC MEN'S OUTDOOR Championships

Hosted by St. Cloud State

Team Standings	Points
1. Mankato State	65.5
2. Winona State	44.5
3. St. Cloud State	42 5/12
4. Bemidji State	34
5. Moorhead State	22 7/12

Northern State Teachers Conference (NSTC)

1948 NSTC MEN'S OUTDOOR Championships

Hosted by Mankato State

Team Standings	Points
1. Mankato State	59 3/4
2. St. Cloud State	43 1/4
3. Minnesota Duluth	43
4. Moorhead State	32
5. Bemidji State	27
6. Winona State	10

1947 NSTC MEN'S OUTDOOR Championships

Hosted by St. Cloud State

Team Standings	Points
1. Moorhead State	54
2. Mankato State	52
3. St. Cloud State	34 1/2
4. Winona State	24 2/3
5. Bemidji State	22 5/6
6. Minnesota Duluth	22

1946 NSTC MEN'S OUTDOOR Championships

Hosted by St. Cloud State

Team Standings	Points
1. Mankato State	82 1/2
2. Bemidji State	63 1/2
3. Moorhead State	29
4. St. Cloud State	21 3/4
5. Winona State	6 1/4
6. Minnesota Duluth	6

1943-45 No Results

1942 NSTC MEN'S OUTDOOR Championships

Hosted by Bemidji State

Team Standings	Points
1. Bemidji State	70
2. Moorhead State	40
3. St. Cloud State	33 1/2
4. Mankato State	30 1/2
5. Winona State	30
6. Minnesota Duluth	20



1941 NSTC MEN'S OUTDOOR Championships

Hosted by St. Cloud State

Team Standings	Points
1. Mankato State	58
2. St. Cloud State	42
3. Bemidji State	38
4. Winona State	31
5. Moorhead State	29
6. Minnesota Duluth	27

1940 NSTC MEN'S OUTDOOR Championships

Hosted by Mankato State

Team Standings	Points
1. Mankato State	58 1/2
2. Bemidji State	47 1/6
3. Winona State	34 1/2
4. St. Cloud State	31
5. Moorhead State	29
6. Minnesota Duluth	24

1939 NSTC MEN'S OUTDOOR Championships

Hosted by St. Cloud State

Team Standings	Points
1. St. Cloud State	58 1/4
2. Mankato State	43 1/2
3. Moorhead State	42
4. Winona State	40
5. Bemidji State	27
6. Minnesota Duluth	13 3/4

1938 NSTC MEN'S OUTDOOR Championships

Hosted by St. Cloud State

Team Standings	Points
1. St. Cloud State	57
2. Moorhead State	45
3. Mankato State	44
4. Bemidji State	36 1/2
5. Winona State	31 1/2
6. Minnesota Duluth	11

1937 NSTC MEN'S OUTDOOR Championships

Hosted by Moorhead State

Team Standings	Points
1. Moorhead State	67
2. St. Cloud State	46
3. Mankato State	39
4. Winona State	29
5. Bemidji State	19
6. Minnesota Duluth	10

1936 NSTC MEN'S OUTDOOR Championships

Hosted by Mankato State

Team Standings	Points
1. Mankato State	60 3/4
2. Winona State	51 3/4
3. Moorhead State	45
4. St. Cloud State	41 3/4
5. Minnesota Duluth	19
6. Bemidji State	6 3/4

1935 NSTC MEN'S OUTDOOR Championships

Hosted at Macalester College (St. Paul)

Team Standings	Points
1. Winona State	61 1-12
2. Mankato State	60 35-36
3. Minnesota Duluth	26 5-6
4. St. Cloud State	29 1-9
5. Moorhead State	22
6. Bemidji State	18

1934 NSTC MEN'S OUTDOOR Championships

Hosted at Memorial Stadium (U of M)

Team Standings	Points
1. Winona State	80 1/2
2. Mankato State	68 1/2
3. Minnesota Duluth	29
4. Moorhead State	22
5. St. Cloud State	14
6. Bemidji State	11

1933 NSTC MEN'S OUTDOOR Championships

Hosted at U of M Fieldhouse

Team Standings	Points
1. Mankato State	71 2-5
2. Winona State	48 1-5
3. Bemidji State	20 1-5
4. Minnesota Duluth	13
5. St. Cloud State	11
6. Moorhead State	(Not represented)

1933 NSTC MEN'S OUTDOOR Championships

Hosted at U of M Fieldhouse

Team Standings	Points
1. Mankato State	71 2-5
2. Winona State	48 1-5
3. Bemidji State	20 1-5
4. Minnesota Duluth	13
5. St. Cloud State	11
6. Moorhead State	(Not represented)

[Click Here: 1927-1969 & 1978-1981 NSIC Men's ODTF Newspaper Clippings](#)
